



Your Monthly Update on Adult Day Services Provided by Adult Life Programs

Adult Life Programs' First Annual Cake Walk "Takes the Cake"

Adult Life Programs held its first annual "A Sweet Way to Help" cake walk fundraiser on Saturday, May 2nd at the First Presbyterian Church of Hickory. With a couple hundred people in attendance, the day was deemed a success!

The event began with City Manager, Mick Berry, declaring May 2, 2009 Adult Life Programs Day in the City of Hickory.

Then, the "walking" began! The first walk was to win something chocolate; something VERY chocolate! The winner of the first round took home a Flat Rock chocolate brownie weighing several pounds! Subsequent "walks" included Bistro 1.2.7.'s Tiramisu Torte, Pleasers Applesauce Cake, Youssef 242's NY Style Oreo Cheesecake and Liazzo's



Wanda is the winner of the chocolate brownie from Flat Rock.

German chocolate cake, just to name a few.

Walkers of all ages circled around a 10' cake, dancing and singing along at times to music provided by DJ Superfly. Two Clyde Campbell Unicycle Club members showed off their skills and rode their unicycles around the large cake.



This 10 foot cake was decorated by ALP's Terry Spencer & volunteer, Chris Gantt.

Attendees had the chance to preview the cakes prior to walking. One of the most popular walks was for Catawba Country Club's chocolate cake with butter cream frosting and hot fudge topping and Café Gouda's praline caramel cake.



ALP staff, Peggy Smith, presents Betty the winner of the chocolate cake from the Catawba County Country Club.



Betty is the proud winner of the praline caramel cake from Café Gouda.

Attendees who were not walking, very busy sampling cake slices, learning a few cake decorating tips and hoping to be the highest bidder on silent auction items. Beef O'Brady's chocolate eruption cake created quite a stir and there was a small bidding war. In the end, Wilma Austin proudly took it home on a crystal cake plate.



The famous chocolate eruption cake by Beef O'Brady's.

Kids of all ages enjoyed decorating cupcakes, balloon animals, face painting, watching the cake walkers,



Alyssia & Ashton take the Barbie Doll cake home.

socializing and buying cakes at the bake sale which included old favorites: red velvet, coconut and pound cake. In addition, there were some unique offerings such as pistachio, blackberry wine pound cake, oatmeal cakes and a couple "old timey" Barbie doll cakes with hoop skirts. A special donation of a chicken pie (an Adult Life Programs classic) was made by Chris Gantt.

Attendees left already talking about next year's event. So, we'll see you at the Cake Walk!

W I S H L I S T

Maiden

BINGO prizes (snack food items)
Do-it-yourself crafts
Wii Games
Gift Basket Items
Volunteers

Hickory

BINGO prizes
Auction Items
Crochet Needles
Sugar Free Chocolate
Gift cards from AC Moore

Lenoir

Gift Cards for WalMart and AC Moore
Nintendo Wii games
Bingo prizes for men & women
Volunteers
Patio furniture that is sturdy and weather proof
DVD Games (Price is Right, Deal or No Deal, Trivia, etc.)
Electric Leaf Blower

Conover

Heavy Duty Mixer
Knives
Large soup pot

Financial Donations always welcome!

Adult Life Programs' Mission

Adult Life Programs provides support, respite and education to caregivers and affordable, quality day and treatment services enabling adults to remain in their communities.

Welcome New Participants

Maiden - Welcome Peggy S. - Peggy lives in Lincolnton, NC with her husband. Peggy likes to dance and take a stroll. She talks about her pet dog, J.J., whom she is very fond of.

Maiden - Welcome David A. - David resides in Startown, NC. He is an Army Veteran. David likes to do yard & garden work.

Maiden - Welcome May S. - May is married to Donald and has two sons and a little pet dog, Rusty. May loves talking and being around people.

Lenoir - Welcome Winnie D. - Winnie lives in Lenoir. She is a sweet, hard working woman. She loves to help others at the center and talks about her grandchildren to the staff and other participants at the center. She used to work at Singer and really enjoyed her work there. She sweeps, folds clothes and likes doing dishes.

Lenoir - Welcome Adam L. - Adam lives in Hudson. He enjoys music and has a kind heart. Adam loves to talk to others at the center and will do anything if you just ask him. Adam is a young man with a big heart.

Lenoir - Welcome Maggie F. - Maggie lives in Hudson with her daughter. She is a happy, sweet woman with a big beautiful smile. Her nickname here is the "doll lady". She makes dolls out of socks. She loves doing crafts and keeping busy with her hands. Maggie moved here from Texas.

Lenoir ALP is planning a yard sale, hotdog sale, bake sale on **Friday, June 26th**. We would appreciate any used items you would like to contribute that are in good condition, also, hotdogs, buns, ketchup, slaw, baked goods, etc. We hope you will attend our sale. The money raised will go back into our program. Thank you for all your help!

Attention All Golf Fans!

Purchase Tickets Fore Charity and Benefit Adult Life Programs

The Greater Hickory Classic at Rock Barn is donating all money raised from ticket sales to local non-profits. Adult Life Programs is participating in this great opportunity. 100% of the price of the ticket will go to Adult Life Programs when you designate ALP as your charity of choice. You can order on line at www.greaterhickoryclassic.com or phone your order to 828-459-4010. Save the date. The Greater Hickory Classic will take place **Monday, September 14 through Sunday, September 20, 2009. Come and see some of golf's greatest legends and help Adult Life Programs at the same time!**



Please remember Adult Life Programs **AGAPE** fund when doing your estate planning. For more information, contact Jane Rollins at 326-9120. Help secure the future of Adult Life Programs.

Long Term Care Facility Bakery Competition

Thanks to all of the long-term care facilities that participated in the cake walk fundraiser - we appreciate your support and help in meeting our mission of keeping people in their homes and communities as long as possible. The event, held on May 2nd, was a huge success and great opportunity for fellowship and networking. For the ones who weren't able to make it, we missed you; but it was truly your loss. The two facilities that won awards included: McDowell House, Inc. from McDowell County and Catawba Valley Living at Rock Barn from Catawba County.

Congratulations to McDowell House, Inc. who won Most Original for their entry of a hamburger cake. This was an awesome cake which looked just like an oversized hamburger. This cake was



put into a drawing and ALP's board member, Corky Upchurch, had the pleasure of taking the hamburger cake home.

Congratulations to Catawba Valley Living at Rock Barn who won the "Best Tasting" award for their Sundrop pound cake entry. This cake was superb!



Thank you to these two facilities and all other facilities that supported our efforts!

For those who may be in need of assisted living residential support, McDowell House, Inc. is located in beautiful McDowell county where green hills roll gently into serene mountain terrain. The facility has the capacity to serve 25 residents at any given point and specialize in care to adult residents who require assistance ranging from medication management to support with ADL's (Activities of Daily Living). For more information about this intimate residential community, please contact Sabrina at (828) 652-5458.

Sabrina, from McDowell House is presented the Most Original Cake award.

Catawba Valley Living at Rock Barn is located in the northeastern side of Catawba County near Rock Barn Golf Club off Shook Town Road. Their location is notably picturesque with a beautiful green lawn and extended tree lined drive bringing you into a world of southern charm. The facility has a capacity of serving 80 residents at any given time and offers a home-like environment, medication management, social activities, and support with ADL's, as well as, many other services. For additional information, please contact Bobbi Jo at (828) 459-0008.

We look forward to seeing you all next year where the event will be even bigger and better!

Children at the Cake Walk Enjoying Themselves!!!!



Adult Life Programs, Inc.
226 2nd St. NW
Hickory, NC 28601
(828) 326-9120

Return Service Requested

A Big **THANK YOU** To:

For the Cake Walk:

A SignCo	Café Gouda
Access1Source	Liazzo's
First Presbyterian Church - Hickory	Trott House Inn
Pepsi	Catawba Co. Country Club
Mooresridge, Inc.	Hybread Cafe
AC Moore	Texas Roadhouse
CBSA Architects	Backstreets
Interactive Medical Systems	Pleasers
Cordell Harris Insurance Agency	Jennifer's Cafe
Good Wood Pizza	Bistro 127
Irish Rose Bed & Breakfast	Flat Rock Grille
Taste Full Beans Coffee House	Food Lion
Beef O' Brady's	Pam Yeats
Melynda Burkett	Chris Gantt
The Chocolate Lab	ALP Board of Directors
L & L Catering	ALP Staff
Family Delights	Stephanie S. - lift chair
E & L Cakes	Michael W. - tires for the Lenoir van
Dean Shook	Computer Ants - for video
Market on Main	
Youssef 242	
Harris Teeter	

Hours of Operation

Monday – Friday
6:30 a.m. – 5:30 p.m.

Location/Directions

Maiden Center: Barbie White
Day Services Manager
3390 Shepherd Road, Maiden, NC 28650
Phone: 828-428-9010/Fax: 828-428-9991

Hickory Center: Amanda Hartness
Day Services Manager
1265A 21st Street NE, Hickory, NC 28601
Phone: 828-324-1313/Fax: 828-322-9174

Conover Center: Anna Miller
Day Services Manager
211 2nd Ave. PL NE, Conover, NC 28613
Phone/Fax: 828-464-0078

Lenoir Center: Lisa Patton
Day Services Manager
1002 Kirkwood St. NW, Lenoir, NC 28645
Phone/Fax: 828-758-5855

**Geriatric Team, Community Support
Mental Health & Central Offices**
Jane Rollins, Executive Director
226 2nd St. NW, Hickory, NC 28601
Phone: 828-326-9120/Fax: 828-327-2661

