



Adult Life Programs is a non-profit, 501(c)(3) organization. We are members of the Catawba County United Way and the United Way of Caldwell County. Adult Life Programs is licensed by the North Carolina Division of Aging and monitored monthly by local Departments of Social Services. We are an equal opportunity provider and employer and do not discriminate on the basis of race, color, national origin, sex, age or disability.



# Adult Life Programs



# Compassionate Support for Adults and the People Who Care for Them

With Adult Life Programs centers in Conover, Hickory, Lenoir and Maiden, you're never far away from a place where your loved ones can receive affordable, compassionate care while you get the respite, relief and support you need and deserve.

ALP provides a nurturing environment for adults 18 and over who should not, or would rather not, be home alone during the day. Our clients include the physically and functionally impaired, as well as the elderly and socially isolated. In many cases, ALP has delayed or prevented the need for institutional care.

Our centers offer a professional program of individual and group activities, as well as delicious and nutritious food for breakfast, lunch and afternoon snack. Special diets are no problem and our staff is trained to furnish any feeding assistance that may be needed. As beneficial as Adult Life

Programs is to participants, it is equally beneficial to their caregivers. You can go to work or pursue other activities secure in the knowledge that a loved one spending the day at an ALP center is safe and is receiving all the care needed. And our trained staff can provide education, support and specialized services.

## *Convenient*

We know many caregivers work during the day and for their convenience, Adult Life Programs centers operate from 6:30 a.m. to 5:30 p.m. Monday through Friday. You may use our services every weekday, or only one or more days, depending on your personal needs. For your further convenience, we offer transportation within a 10-mile radius of each center.

## *Secure*

Every member of the Adult Life Programs staff is certified in CPR and first aid. They

also receive training in blood-borne pathogens and administering medications, as well as in confidentiality requirements and HIPAA (Health Insurance Portability and Accountability Act) laws. In addition, staff members receive training in other areas such as patient transfer, fire safety, cultural diversity, defensive driving, client rights and specific disabilities.

## *Free Trial*

Adult Life Programs invites you to tour our facilities and meet with our staff. And we are always pleased to welcome your loved one to a free trial visit. For more information or to schedule a visit, please call 828.326.9120.

## *Our Mission*

*Adult Life Programs helps adults remain in their homes and communities by providing them with quality, affordable care and treatment services while offering support, respite and education to their caregivers.*



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