

Participation in activities are voluntary. Activities are subject to change.

ADULT LIFE PROGRAMS

Your Caregiving Solution

JANUARY 2012

Bryan Smith, Day Services Manager
 1265A 21st Street NE, Hickory, NC 28601
 Phone: 828-324-1313/Fax: 828-322-9174
 bsmith@adulthoodprograms.com
 www.adulthoodprograms.com

6:30 center opens	12:30 individual activities
7:30 individual activities	1:30 program
8:30 breakfast	2:30 snack
9:30 routes arrive/breakfast	3:30 routes depart
10:00 program	3:30 individual activities
11:30 lunch	5:30 center closes



In accordance with Federal law and US Department of Agriculture policy, Adult Life Programs is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice and TD). Adult Life Programs is an equal opportunity provider and employer.

Mon	Tue	Wed	Thu	Fri
2 Closed for New Year's Holiday!!	3 LET'S PLAY BINGO!!! Visit w/The Humane Society Let's Have Some Fun: "Talk Show Game"	4 Game Time with Wendy TELL ME YOUR NEW YEAR'S RESOLUTION	5 BALLOON VOLLEYBALL Singing with Margaret	6 Travel with Hamp & Hair Stylist will be Here!!! Crafts w/Judy ACTIVITY WITH JAYE
9 TRAVEL W/ HAMP OR COOKING CLASS WITH BRENDA Activity w/Joe	10 Lunch @ Burger King Reminiscing Time PLAYING BINGO	11 PET THERAPY LUNCH @ BURGER KING Participant Council Mtg.	12 Music w/ Jen & Activity in the Sunroom MUSIC WITH JAYE	13 TRAVEL W/ HAMP OR TALK TIME IN THE SUNROOM Shopping @ Rose's or Looking Back @ ALP Video Time
16 Closed for Martin Luther King, Jr. Holiday	17 SHOPPING @ ROSE'S OR DEVOTIONS W/RONALD Target Practices	18 Playing Bingo Wacky Winter Wardrobe Wednesday MUSIC W/FULL GOSPEL	19 MUSIC W/ THE HARDEE'S GANG Activity in Sunroom or Music with Jaye	20 Singing with Ethel SMOKY MOUNTAIN CENTER SPEAKING ON "DEPRESSION" @ 1:00
23 TRAVEL W/ HAMP OR COOKING CLASS W/BRENDA Let's Play Bingo!!!	24 What I Like About You BOWLING @ ALP	25 PET THERAPY NAIL PAINTING W/EVELYN & WENDY Activity with Peg	26 Playing "Let's Make A Deal" or Activity in the Sunroom MUSIC W/JAYE	27 TRAVEL W/ HAMP OR TELL YOUR FAVORITE RECIPE Music with Catawba River Boys
30 Travel w/ Hamp or Activity in the Sunroom JANUARY BIRTHDAY PARTY	31 THE GUESSING GAME OR FAMILY FEUD Health Update w/Brenda	<i>Happy ALP Anniversary to:</i> Minnie W. - 1/5 (3 years) Marsha B. - 1/5 (2 years) Pat B. - 1/27 (7 years) Julie S. - 1/27 (3 years) Jeannie F. - 1/28 (3 years) Monroe B. - 1/29 (1 year)		
<i>Happy Birthday!</i>		Carrie - 1/28	Kenneth - 1/30	
Ben - 1/13	Jeannie - 1/15	Angie - 1/16	Clyde - 1/22	Brian - 1/23
Phyllis - 1/14	Cindy, Wendy - 1/15	Jay - 1/19		



Member Agency

Free visits are available.
 Call Bryan at 324-1313 for more information.