

January 2012: Wholesome and Nutritious Meals and Snacks

Monday	Tuesday	Wednesday	Thursday	Friday
2 Closed for New Year's Day Holiday	3 Pork Riblet Sandwich w/ BBQ Sauce Coleslaw Baked Beans Pineapple Gratin	4 Chicken Leg Quarters Green Beans Whipped Potatoes Roll Strawberry Shortcake	5 Beef Stroganoff Tossed Salad Diced Peaches Bowtie Pasta Italian Bread Ranch Dressing Ice Cream	6 Baked Ham Green Beans Sweet Potatoes Roll Mandarin Oranges in Jello
9 Cheese-burger with coleslaw Baked Beans Apple Crisp	10 Cubed Pork w/gravy Green Beans Sweet Potatoes Roll Yogurt with Pineapple	11 BBQ Chicken Breast Green Pea Salad Whole Kernel Corn Roll Hot Applesauce	12 Taco Soup with Pimento Cheese Sandwich Fresh Apple Corn Chips Angel Food Cake	13 Fish Fillet Sandwich w/ lettuce/tomatoes Macaroni & Cheese Tarter Sauce Peach Crisp
16 Closed for Martin Luther King, Jr. Day	17 Smothered Chicken Broccoli Casserole Whipped Potatoes Roll Mandarin Oranges	18 Hot Dog w/ onions Coleslaw Baked Beans Diced Pears in Jello	19 Chicken Salad Sandwich Cucumber Salad Potato Salad Melon Fruit Salad	20 Beef-A-Roni Tossed Salad w/ Red Cabbage & Carrots Italian Bread Ranch Dressing Pineapple Gratin
23 Chicken Casserole Glazed Carrots Blackeyed Peas Roll Pineapple Chunks	24 Great Northern Beans with Ham Collard Greens Wheat Roll Blueberry Crisp	25 Sliced Roasted Turkey w/gravy Squash Casserole Whipped Potatoes Roll Diced Pears	26 Stew Beef Lima Beans Rice Roll Pistachio Cream Salad	27 Chili Tossed Salad w/ Green Peppers, Red Cabbage, Carrots Ranch Dressing Blackberry Crisp
30 Chopped Pork w/BBQ Sauce Sandwich Coleslaw Baked Beans Apple Crisp	31 Meatballs w/ Spaghetti Sauce Tossed Salad w/ Red Cabbage & Carrots Italian Bread Ranch Dressing Sliced Peaches			