

Participation in activities are voluntary. Activities are subject to change.

ADULT LIFE PROGRAMS

Your Caregiving Solution

JANUARY 2012

Barbie White, Day Services Manager
 3390 Shepherd Road, Maiden, NC 28650
 Phone: 828-428-9010/Fax: 828-428-9991
 bjwhite@adulthoodprograms.com
 www.adulthoodprograms.com

6:30 center opens	12:30 individual activities
7:30 individual activities	1:30 program
8:30 breakfast	2:30 snack
9:30 routes arrive/breakfast	3:30 routes depart
10:00 program	3:30 individual activities
11:30 lunch	5:30 center closes



In accordance with Federal law and US Department of Agriculture policy, Adult Life Programs is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice and TD). Adult Life Programs is an equal opportunity provider and employer.

Mon	Tue	Wed	Thu	Fri
2 Closed for New Year's Holiday!!	3 A FIRST TIME FOR EVERYTHING Devotions w/ Pastor Easter	4 Exercise PLAY UNO	5 DELIVER MEALS ON WHEELS OR CURRENT EVENTS Health v's with Marie	6 Bowling @ Pin Station or Funny New Year's Resolutions & Jokes TRIVIA
9 PLAYING CRAZY 8's Parachute Fun	10 Board Games LET'S PLAY HORSESHOES	11 SITTER SIZE Humane Society Visits	12 Martin Luther King, Jr. Anagram PARTICIPANT COUNCIL MEETING	13 POKEENO Nature Ride or 2012 Word Search
16 Closed for Martin Luther King, Jr. Holiday	17 EXERCISE Music with Jo Toney	18 Drye Family Visits BAKING CLASS OR SPELLING BEE	19 LET'S PLAY WHEEL OF FORTUNE Craft	20 Music w/ Destined for Glory BOARD TRIVIA
23 SURPRISE WITH JUDY Pet Therapy	24 Balloon Volleyball TABLE GAMES	25 ANAGRAM Shopping @ Walmart or Current Events	26 Moment from the Bible with Virginia LET'S PLAY BINGO!!!	27 SITTER-SIZE Movie & Popcorn
30 Bowling @ Pin Station or Ball Toss BULLETIN BOARD WORK-SHOP	31 SITTER-SIZE Devotions w/ Pastor Easter			
<i>Happy Birthday!</i>				
Joyce S. 1-1		Joyce B. - 1/14		



Member Agency

Free visits are available.
 Call Barbie at 428-9010 for more information.