

Participation in activities are voluntary. Activities are subject to change.

ADULT LIFE PROGRAMS

Your Caregiving Solution


MARCH 2011

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6:30 center opens	12:30 individual activities
7:30 individual activities	1:30 program
8:30 breakfast	2:30 snack
9:30 routes arrive/breakfast	3:30 routes depart
10:00 program	3:30 individual activities
11:30 lunch	5:30 center closes



In accordance with Federal law and US Department of Agriculture policy, Adult Life Programs is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice and TD). Adult Life Programs is an equal opportunity provider and employer.

Mon	Tue	Wed	Thu	Fri
	1 Exercise with George F. DEVOTIONS WITH PASTOR EASTER	2 ACCORDION WITH JERRY CIBO Decorate the Bulletin Board	3 Deliver Meals on Wheels or Trivia HEALTH CHECKS	4 ANAGRAM Bowling @ Pin Station or Current Events
7 Sittersize PARTICIPANT COUNCIL MEETING	8 MARDI GRAS HISTORY Mardi Gras Mask Craft	9 Tablecloth Art WHO AM I?	10 MUSIC W/ THE SUN-SHINE GIRLS Humane Society Visits	11 Play Hangman PLAY BINGO
14 MOMENT FROM THE BIBLE WITH VIRGINIA Let's Play Family Feud	15 Make Shamrocks VISIT WITH JO TONEY	16 SITTER-SIZE Baking Class or Show & Tell	17 Shopping @ Salvation Army Store PARACHUTE FUN	18 MUSIC WITH DESTINED FOR GLORY Play Uno
21 Bowling @ Pin Station or Comedy Hour ANAGRAM	22 BALLOON VOLLEYBALL Why We Say It?	23 Lunch @ Drum's Restaurant MOVIE	24 SITTER-SIZE Mrs. G Visits	25 Program with Glennie Daniels NATURE RIDE
28 SITTER-SIZE Pet Therapy	29 This Was the Year!!! BIBLE STUDY WITH PASTOR EASTER	30 WORD SEARCH Bean Bag Baseball	31 Bird Trivia PLAY BINGO	
<i>Happy Birthday!</i>				
Lander B. - 3/13 Kathy H. - 3/15	David A. - 3/27	Lisa D. - 3/30	 Member Agency	

Free visits are available.
 Call Barbie at 428-9010 for more information.