

Participation in activities are voluntary. Activities are subject to change.

ADULT LIFE PROGRAMS

Your Caregiving Solution

MARCH 2010

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6:30 center opens	12:30 individual activities
7:30 individual activities	1:30 program
8:30 breakfast	2:30 snack
9:30 routes arrive/breakfast	3:30 routes depart
10:00 program	3:30 individual activities
11:30 lunch	5:30 center closes



In accordance with Federal law and US Department of Agriculture policy, Adult Life Programs is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice and TD). Adult Life Programs is an equal opportunity provider and employer.

Mon	Tue	Wed	Thu	Fri
1 Make Decorations for the Seasonal Tree & DECORATE THE SEASONAL TREE - ST. PATRICK'S DAY	2 SENIORS EXERCISE VIDEO GAST Team Presentation: Activity Training	3 Devotions - New Generation Children SYC BASKETBALL GAME	4 FRAMED FOUR LEAF CLOVER Shopping @ WalMart	5 Men & Women Cook Lunch PET THERAPY W/BARBARA, TEGI/ORLA
8 DEVOTIONS W/REV. JAMES PERKINS Walking & Exercise (Finding the Leprechaun)	9 Make Shamrock Wreath WALK AROUND THE CHURCH	10 DEVO-TIONS - NEW GENERATION CHILDREN SYC Balloon Game	11 Make Shamrock Pins PARTICIPANT COUNCIL MTG.	12 PLAY BINGO/COOK LUNCH Pet Therapy w/Barbara, Tegi/Orla
15 Shamrock Pillows (No Sew) PREPARA-TION FOR TEA PARTY	16 WORD SEARCH St. Patrick's Day Shamrock Tea Party	17 Devotions - New Generation Children SYC INSIDE BASE-BALL GAME	18 NUTRITION MONTH QUIZ Music with Ruth, Jay & Judy	19 Men & Women Cook Lunch PET THERAPY W/BARBARA & TEGI/ORLA
22 SMELL, FEEL, & GUESSING GAME Monthly Health Checks	23 Debbie Cox - Nutrition Cooperative Extension SPRING TWINKLER	24 DEVOTIONS NEW GENERATION CHILDREN SYC Play Family Feud	25 Spring Scavenger Hunt SHOPPING @ DOLLAR TREE	26 PLAYING BINGO OR COOKING LUNCH Pet Therapy with Barbara, Tegi & Orla
29 Morning Exercise/ Current News PAINT CARDBOARD TUBES	30 CARDBOARD TUBE BUNNY Make Easter Treats & Bunnies for Children	31 Devotions - New Generation Children SYC SPELLING BEE		

Happy Birthday!

James N. - 03/19

Jeff D. - 03/28



Member Agency

Free visits are available.
 Call Lisa at 758-5855 for more information.