

Participation in activities are voluntary. Activities are subject to change.

ADULT LIFE PROGRAMS

Your Caregiving Solution

AUGUST 2010

Barbie White, Day Services Manager
3390 Shepherd Rd., Maiden, NC 28650
Phone: 828-428-9010/Fax: 828-428-9991
bjwhite@adulthoodprograms.com
www.adulthoodprograms.com

6:30 center opens	12:30 individual activities
7:30 individual activities	1:30 program
8:30 breakfast	2:30 snack
9:30 routes arrive/breakfast	3:30 routes depart
10:00 program	3:30 individual activities
11:30 lunch	5:30 center closes



In accordance with Federal law and US Department of Agriculture policy, Adult Life Programs is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice and TD). Adult Life Programs is an equal opportunity provider and employer.

Mon	Tue	Wed	Thu	Fri
2 Exercise SINGING WITH MARGARET	3 HAPPY BIRTHDAY WITH JUDY Bible Study with Pastor Easter	4 Health √'s PARACHUTE FUN	5 DELIVER MEALS ON WHEELS Participant Council Mtg.	6 Bowling @ Pin Station VIOLIN WITH MIRANDA
9 PET THERAPY Brain Games	10 August Daze with Judy RING TOSS	11 BAKING CLASS Humane Society Visits	12 Visit with the Christian Covenant Church SING-A-LONG	13 SHOPPING @ THE SALVATION ARMY Play Uno
16 Sittersize REMEMBER-ING ELVIS	17 VISITING FRIENDS @ CONOVER REHAB Mystery Bag	18 Lunch & Service @ Balls Creek Campground ANAGRAM	19 PLAY HORSE-SHOES Junk Food Bingo	20 Music with Destined for Glory SHOPPING @ WALMART
23 MOMENT FROM THE BIBLE WITH VIRGINIA Bowling @ Pin Station	24 Balloon Volleyball PUZZLE TIME	25 BAKING CLASS Story with Mrs. G	26 Word Search POPCORN & A MOVIE	27 SITTER-SIZE Nature Ride
30 Trivia MUSICAL BALL	31 EXERCISE Bible Study with Pastor Easter			

Happy Birthday!

Leslie (staff) - 8/15

Barbie (staff) - 8/23



Member Agency

Free visits are available.
 Call Barbie at 428-9010 for more information.