

Participation in activities are voluntary. Activities are subject to change.

ADULT LIFE PROGRAMS

Your Caregiving Solution

MARCH 2010

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6:30 center opens	12:30 individual activities
7:30 individual activities	1:30 program
8:30 breakfast	2:30 snack
9:30 routes arrive/breakfast	3:30 routes depart
10:00 program	3:30 individual activities
11:30 lunch	5:30 center closes



In accordance with Federal law and US Department of Agriculture policy, Adult Life Programs is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice and TD). Adult Life Programs is an equal opportunity provider and employer.

Mon	Tue	Wed	Thu	Fri
1 Decorate the Bulletin Board MAKE BIRTHDAY CARDS	2 SITTER-SIZE Bible Study with Pastor Easter	3 Show & Tell SING-A-LONG	4 DELIVER MEALS ON WHEELS OR BALLOON VOLLEYBALL Participant Council Mtg.	5 Table Activity FUN W/JO TONEY
8 PET THERAPY Irish Word Search	9 Exercise LEPRECHAUN SCAVENGER HUNT	10 BAKING CLASS OR CROSSWORD PUZZLE Humane Society Visits	11 Health v's or Brain Teaser PARACHUTE FUN	12 MUSIC WITH DESTINED FOR GLORY Shamrock Bingo
15 Bowling @ Pin Station NO BLARNEY TRIVIA	16 COLOR A LEPRECHAUN Let's Fly A Kite	17 St. Patrick's Day Anagram MOVIE & POPCORN	18 WORD SCAVENGER HUNT Painting Egg Cartons	19 Ladies Cook Lunch PLAY HORSE-SHOES
22 MOMENT FROM THE BIBLE WITH VIRGINIA Name that "M"	23 Highland Baptist Joy-makers Visits PARACHUTE FUN	24 BAKING CLASS OR CARD GAMES Make an Easter Wreath	25 Ring Toss FUN WITH MRS. G	26 SITTER-SIZE Nature Ride
29 Color Easter Eggs SHOPPING @ WALMART	30 EASTER EGG HUNT Devotions with Pastor Easter	31 Make an Easter Card MANICURES & HAND MASSAGES		

Happy Birthday!

Lander - 3/13
Kathy - 3/15

David - 3/27
Lisa - 3/30



Member Agency

Free visits are available.
Call Barbie at 428-9010 for more information.