



Adult Life Programs September 7, 2026– Sept 11, 202, Breakfast & Snack Menu

	Monday Sept 7	Tuesday Sept 8	Wednesday Sept 9	Thursday Sept 10	Friday Sept 11
Breakfast:	CLOSED	Whole Grain Waffles Banana	WW Toast w/jelly Oatmeal Mandarin oranges	Sausage Gravy Biscuit Peaches	Pancake and Sausage on a Stick Mixed Fruit
Snack:	CLOSED	½ Turkey and Cheese sandwich on WW Bread	Tortilla chips Salsa	Vanilla Yogurt Apples Slices	Vienna Sausages Saltine Crackers