

* Activities subject to change *

ADULT LIFE PROGRAMS

Our vision is to be the leading provider of adult day services in NC

Our Mission: To enhance the vitality of participants' lives and support their caregivers by providing quality adult day services designed to keep them connected to and involved in the community.

May 2022

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Happy May!

MON	TUES	WED	THURS	FRI
<p>2 Morning Song & Exercise</p> <p>National Herb Week / Music w/ Morning Star / Cards</p> <p>10:15-11:15</p> <p>Wear Sunglasses Day/ Craft 1:15-1:45</p>	<p>3 Morning Song & Exercise /</p> <p>Let's Play Bingo 10:15-11:15</p> <p>Singing w/ Jim Coffey 12:30-1:30</p>	<p>4 Morning Song & Exercise/ Yoga w/ The Yoga Group</p> <p>Firefighters Day</p> <p>10:15-11:15</p> <p>Activity w/ Des OJ (Orange Juice) Day 1:15-1:45</p>	<p>5 Morning Song & Exercise</p> <p>Special Olympics / Activity w/ Carlos</p> <p>10:15-11:15</p> <p>Activity w/ Shele 1:15-1:45</p>	<p>6 Morning Song & Exercise/ Nurses Day</p> <p>Thank You Nurse Viki 10:15-11:15</p> <p>Movie Friday/ Individual Activities</p> <p>1:15-1:45</p>
<p>9 Morning Song & Exercise</p> <p>Bingo w/ Beverly 10:15-11:15</p> <p>Stripes Day / Craft Time 1:15-1:45</p>	<p>10 Morning Song & Exercise</p> <p>Participant Council Meeting</p> <p>10:15-11:15</p> <p>Activity w/ Hogs & Kisses 1:15-1:45</p>	<p>11 Morning Song & Exercise/ Yoga w/ The Yoga Group/</p> <p>Talk Time on the Patio 10:15-11:15</p> <p>Activity w/ The Doves 1:15-1:45</p>	<p>12 Morning Song & Activity w/ Eric 10:15-11:15</p> <p>Deidre Birthday Activity 1:15-1:45</p>	<p>13 Morning Song & Exercise/ Yoga w/ The Yoga Group</p> <p>Coloring w/ Betty 10:15-11:15</p> <p>Movie Friday/ Individual Activities 1:15-1:45</p>
<p>16 Morning Song & Exercise / Tic Tac Toe w/ Kevin</p> <p>Flower Moon</p> <p>10:15-11:15</p> <p>Drawing Day</p> <p>Activity 1:15-1:45</p>	<p>17 Morning Song & Exercise Senior Citizens Day 10:15-11:15</p> <p>Activity w/ Amanda & Susan</p> <p>Number 1:15-1:45</p>	<p>18 Morning Song & Exercise/ Singing w/ Macon 10:15 -11:15</p> <p>Number Game w/ Tracie & Kevin 1:15-1:45</p>	<p>19 Morning Song & Exercise</p> <p>Picture Postcard Activity 10:15-11:15</p> <p>Ice Cream in the House Day Participant Pick 1:15-1:45</p>	<p>20 Morning Song & Exercise/ Yoga w/ The Yoga Group / Coloring w/ Jeff 10:15-11:15</p> <p>Movie Friday/ Individual Activities</p> <p>1:15-1:45</p>
<p>23 Morning Song & Exercise</p> <p>Backyard Games Week Begins 10:15-11:15</p> <p>Birthday Activity w/ Douglas / World Turtle Day 1:15-1:45</p>	<p>24 Morning Song & Exercise/</p> <p>Favorite Photo Day</p> <p>10:15-11:15</p> <p>National Scavenger Hunt Day 1:15-1:45</p>	<p>25 Morning Song & Exercise/ Yoga w/ The Yoga Group/</p> <p>Wear the Lilac Day 10:15-11:15</p> <p>Star Wars' Anniversary 1:15-1:45</p>	<p>26 Morning Song & Exercise/</p> <p>National Paper Airplane Day 10:15-11:15</p> <p>Birthday Activity w/ Trudy 1:15-1:45</p>	<p>27 Morning Song & Exercise/ Yoga w/ The Yoga Group</p> <p>Word Finds 10:15-11:15</p> <p>Movie Friday/ Individual Activities 1:15-1:45</p>
<p>30</p> <p>CLOSED FOR MEMORIAL DAY</p>	<p>31 Morning Song & Exercise /Talk Time 10:45-11:00</p> <p>Health Update w/ Nurse Viki 11:00 11:15</p> <p>Lip Sync/ Nikki 1:15-1:45</p>	<p>Happy Birthday : Deidre -5/12, Douglas-5/23, Roy-5/24, Trudy-5/29, James-5/30</p> <p>Happy Anniversary: Alma-5/4 (1year), Andrea-5/6(11yrs), Cindy 5/23 (19yrs) (staff)</p>		