

# CONOVER CENTER APRIL 2026

Mon	Tue	Wed	Thu	Fri
		<b>1 April Fools Day</b> 10:30—Guest: Comfort Dog Faith / Walking Group 11—Cooking Class: Easter Dinner 12:45—Volunteering: Ashure 1—Dyeing Easter Eggs 	<b>2</b> 10:30—Outing: Bowling @ Pin Station (\$) 11:30—Ashure Volunteer Appreciation Lunch ( <i>Volunteers Only</i> ) 1—Easter Egg Hunt & Games	<b>3 Good Friday</b> CLOSED 
<b>6</b> 11—Mental Health Monday: Autism Spectrum Disorder 12:45—Walmart 1—Bingo 2—Mindfulness Monday	<b>7</b> 10:30—Outing: Food Bank & Bread Store 11—Center Clean-up 12:45—Volunteering: Ashure 1—Group: Active Listening 	<b>8</b> 10:30—Walking Group 11—Participant Counsel Meeting 12:45—Volunteering: Ashure 1—Group: Money Management	<b>9</b> 10:30—Guest: Seniors on the Move 11:30—Activity: Gratitude Jar 1—Group: Coping Skills 	<b>10</b> 10:30—Peer Group 11—Outing: Library & Park / Cooking Class: Cookout 1—Patio Party & Music by Andrew “DJ” Vernon
<b>13</b> 10:30—Outing: Walmart 11—Bingo 1—Mental Health Monday: Imposter Syndrome 2—Mindfulness Monday 	<b>14</b> 10:30—Outing: Ross 11—Cooking Class 12:45—Volunteering: Ashure 1—Group: Relationship Discovery Questions	<b>15</b> 10:30—Guest: Comfort Dog Faith / Walking Group 11—Volunteering: Meals on Wheels 12:45—Volunteering: Ashure 1—Group: Money Management 	<b>16</b> 10:00—Outing: Movie @ Carolina Theater <b>(\$6.00)</b> 1—Group: Coping Skills 2—Guest: EMS Melanie (Driving Safety)	<b>17</b> 10:30—Peer Group 11—Outing: Library & Park 1—Vehicle Clean-up 
<b>20</b> 11—Mental Health Monday: Cognitive Behavioral Model 12:45—Outing: Walmart 1—Bingo 2—Mindfulness Monday	<b>21</b> 10:30—Outing: Burton’s & Banana Box 11—Cooking Class 12:45—Volunteering: Ashure 1—Group: Building New Habits 	<b>22 Earth Day</b> 10:30—Walking Group 11—Earth Day Craft 12:45—Volunteering: Ashure 1—Group: Money Management 	<b>23</b> 10:30—Outing: Catawba Co. Art Museum @ Valley Hills Mall 1—Group: Coping Skills 	<b>24</b> 10:30—Peer Group 11—Outing: Library & Park 1—Center Gardening 9 - 2: <i>Catawba County Special Olympics (Registered Participants Only)</i>
<b>27</b> 10:30—Outing: Walmart 11—Bingo 1—Mental Health Monday: Protective Factors 2—Mindfulness Monday 	<b>28</b> 10:30—Outing: Food Bank & Bread Store 11—Mental Health Jeopardy 12:45—Volunteering: Ashure 1—Group: Personal Hygiene	<b>29</b> 10:30—Guest: Libbie / Walking Group 11—Cooking Class 12:45—Volunteering: Ashure 1—Group: Money Management 2—Birthday Celebration 	<b>30</b> 10:30—Picnic Prep 11—Outing: Picnic @ Southside Park 1—Group: Coping Skills All Activities Subject to Change	