



Adult Life Programs March 10, 2025 – March 14, 2025, Breakfast & Snack Menu

	Monday Mar 10	Tuesday Mar 11	Wednesday Mar 12	Thursday Mar 13	Friday Mar 14
Breakfast:	Scrambled Eggs English Muffin Pears	Waffles Banana	Toast/Oatmeal Strawberries Jelly	Rice (1 cup) Sausage Gravy Peaches	Yogurt Granola (1/2 cup) Blueberries
Snack:	Pretzels Grapes	Flour Tortilla Cheese	Tortilla Chips Salsa	Vanilla Yogurt Apple Slices	Wheat Thins Cucumbers & Grape Tomatoes

**** Unflavored 1% Milk and Water are offered Daily with Breakfast, Lunch, and Snack ****

This institution is an Equal Opportunity Provider