



Adult Life Programs March 16, 2026 – March 20, 2026, Breakfast & Snack Menu

Monday Mar 16      Tuesday Mar 17      Wednesday Mar 18      Thursday Mar 19      Friday Mar 20

Breakfast:	Cheerios (1 Cup) Toast (1 slice) Strawberries	Turkey Bacon Blueberry or Oat Muffin Grapes	Banana Pancakes Blueberries	Sausage Links Grits Orange Juice	Scrambled Eggs WW Toast (1 slice) Mixed Fruit
Snack:	Peanut Butter (2 Tbsp) Celery Raisins	Mixed Nuts Cheese Cubes Grapes	Cheese Fries Orange Juice	Wheat Thins Carrots Ranch Dressing	Soft Pretzel Cheese & Mustard Apple Juice

\*\* Unflavored 1% Milk and Water are offered Daily with Breakfast, Lunch, and Snack \*\*

This institution is an Equal Opportunity Provider