



Adult Life Programs July 20, 2026 – July 24, 2026, Breakfast & Snack Menu

	Monday July 20	Tuesday July 21	Wednesday July 22	Thursday July 23	Friday July 24
Breakfast:	Cheerios (1 Cup) Toast (1 slice) Strawberries	Turkey Bacon Blueberry or Oat Muffin Grapes	Banana Pancakes Blueberries	Sausage Links Grits Orange Juice	Scrambled Eggs WW Toast (1 slice) Mixed Fruit
Snack:	Peanut Butter (2 Tbsp) Celery Raisins	Mixed Nuts Cheese Cubes Grapes	Cheese Fries Orange Juice	Wheat Thins Carrots Ranch Dressing	Soft Pretzel Cheese & Mustard Apple Juice

**** Unflavored 1% Milk and Water are offered Daily with Breakfast, Lunch, and Snack ****

This institution is an Equal Opportunity Provider