



Adult Life Programs December 8, 2025 – Dec 12, 2025, Breakfast & Snack Menu

Monday Dec 8	Tuesday Dec 9	Wednesday Dec 10	Thursday Dec 11	Friday Dec 12
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Breakfast:	Cheerios (1 Cup) WW Toast Banana	Turkey Bacon Grapes Blueberry Muffin	Scrambled Eggs Salsa WW English Muffin	Sausage links Grits Orange Juice	Scrambled Eggs Mixed Fruit WW Toast
Snack:	Raisins & Celery Peanut Butter (2 TBSP)	String Cheese Grapes	Mixed Fruit Cheese Fries	Carrots Wheat Thins Ranch Dressing	Popcorn Apple Juice

**\*\* Unflavored 1% Milk and Water are offered Daily with Breakfast, Lunch, and Snack \*\***

This institution is an Equal Opportunity Provider