

Monday	Tuesday	Wednesday	Thursday	Friday
2 National American Indian Day Birthday activity with Christian Morning Star Music & Devotion Mental Health: Grounding  Craft Time: Dreamcatchers 2:30-3:30 Social Hour	3 National Repeat Day  Group A Outing: Glenn Hilton Park Music Lessons: Sports Team Songs Emotional Skills: Favorite memories Craft Time: Post-It Note Crowns 2:30-3:30 Social Hour	4 National Cheese Day  Singing & Dancing with Macon  Adult Basic Education: Cooking Class Wellness Wednesday: Dancing Craft Time: Spring Tree Art Participants Council Meeting 	5 National Ketchup Day  Science: Ketchup Experiments Craft Time: Make a birdhouse Adult Basic Education: Cooking Class Reading Group with Glenn 2:30-3:30 Social Hour	6 National Gardening Exercise Day Group 1 to Catawba Science Center History: D-Day and World War 2 Free Space: Photography Class Free Up Friday: Tidy-Up Time 2:30-3:30 Social Hour
9 Name Country Songs Day Nancy's 4th Anniversary Activity Mental Health: Walk Outside  Money Monday Bingo Craft Time: Coloring Country Stars 2:30-3:30 Social Hour	10 National Ballpoint Pen Day Birthday activity with Malcolm Group B Outing: Glenn Hilton Park Music Lessons: Sing Along Songs Emotional Skills: Responsibility  Crafts: Drawing with ballpoint pens	11 National Corn on the Cob Day Adult Basic Education: Cooking Wellness Wednesday: Yoga  Craft Time: Corn Art Faith, the comfort dog, visits Let's Play Bingo with Silver stars	12 Career Nurse Assistants' Day Science: Chocolate Experiments Theater: William Shakespeare Craft Time: Father's Day Craft 2:30-3:30 Social Hour 3:30-5:30 Participant Choice 	13 Weed Your Garden Day Group 2 to Catawba Science Center History: 1950s in America Free Space: Water balloon baseball Free Up Friday: Tidy-Up Time Movie Trivia with Sarah
16 Recognizing our Dads' Day Mental Health: Cognitive Reframing Money Monday Lesson Craft Time: Sunshine & Rainbows  2:30-3:30 Social Hour 3:30-5:30 Participant Choice	17 National Mascot Day Group C Outing: Henry Fork River Park Music Lessons: Marching Bands Emotions: Friendships & Relationships Craft Time: Making ALP's Mascot Drawing a Puffin with Lauren	18 National Get Away Day Adult Basic Education: Chores Wellness: Get Away Videos Scavenger Hunt  2:30-3:30 Social Hour 3:30-5:30 Participant Choice	19 Juneteenth History: What is Juneteenth? Theater: African-American Plays Craft Time: Creating Flags  2:30-3:30 Social Hour 3:30-5:30 Participant Choice	20 National Ice Cream Soda Day  First Day of Summer Group 1 Outing to: Captain's Galley History: 1960s in America Why do seasons start on their day? Free Up : Welcome Summer Craft
23 National Pink Day Sammie's 3rd Anniversary Activity Mental Health: Favorite Colors Money Monday Lesson Craft Time: Pink Collages 2:30-3:30 Social Hour	24 National Pralines Day  Community Outing: Parkway House Music Lessons: Sport Team Songs Emotional Skills: Controlling Impulses Adult Basic Education: Cooking Class Jennifer the Librarian visits	25 Strawberry Parfait Day  Adult Basic Education: Cooking Class Wellness Wednesday: Zumba Craft Time: Making Strawberries Faith, the comfort dog, visits  2:30-3:30 Social Hour	26 National Bomb Pop Day  Sarah's 1st Anniversary Activity Science: Freezing Experiments Resin Jewelry with Madison Theater: Games  2:30-3:30 Social Hour	27 National Sunglasses Day  Group 2 Out to: Circus Hall of Cream Music with the Bad Boys of Conover History: 1970s in America  Free Space: Board Games Free Up Friday: Tidy-Up Time
30 National Social Media Day Taking a break from Social Media Money Monday Lesson Craft Time: Coloring for July board 2:30-3:30 Social Hour 3:30-5:30 Participant Choice	Superstar Calendar 	Christian — 06/01 Malcolm — 06/10 	 Nancy — 06/01 (4 years) Sylvetta — 06/19 (2 years) Sammie— 06/23 (4 years) Sarah — 06/24 (1 year)	
Adult Life Programs: (828) 324-1313 Hours: 6:30am-5:30pm		All Activities Subject to		This institution is an equal opportunities provider