



Adult Life Programs October 28, 2024 – Nov 1, 2024, Breakfast & Snack Menu

Monday Oct 28 Tuesday Oct 29 Wednesday Oct 30 Thursday Oct 31 Friday Nov 1

Breakfast:	Cheerios (1 Cup) WW Toast Banana	Turkey Bacon Grapes Blueberry Muffin	Scrambled Eggs Salsa WW English Muffin	Sausage links Grits Orange Juice	Scrambled Eggs Mixed Fruit WW Toast
Snack:	Raisins & Celery Peanut Butter (2 TBSP)	String Cheese Grapes	Mixed Fruit Cheese Fries	Carrots Wheat Thins Ranch Dressing	Popcorn Apple Juice

**** Unflavored 1% Milk and Water are offered Daily with Breakfast, Lunch, and Snack ****
 This institution is an Equal Opportunity Provider