

# Nutrition Program Menu

## March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> Baked Ham w/Pineapple Juice Broccoli-Rice Casserole Sweet Potatoes Pineapple Slices Dinner Roll Milk	<b>2</b> Barbecue Boneless Pork Rib Squash & Onions Green Peas Apple Juice Wheat Roll Assorted Cookie Milk	<b>3</b> Hot Dog w/Chili Corn Barbecue Slaw Bun Pears Pudding Milk
<b>6</b> Baked Chicken w/Gravy Green Beans Corn Dinner Roll Cranberry-Apple Juice Chocolate Peanut Butter Bar Milk	<b>7</b> Cheeseburger w/Chili Baked Beans Lettuce & Tomato Bun Fresh Apple Slices Milk	<b>8</b> Chicken Pie Collard Greens Baked Apples Dinner Roll Assorted Cookie Milk	<b>9</b> Baked Ham Broccoli w/Cheese Sauce Mashed Potatoes Orange Juice Cornbread Pudding Milk	<b>10</b> Chili Con Carne Rice Coleslaw Cornbread Fruit Cocktail Milk
<b>13</b> Barbecue Chicken Green Peas Glazed Carrots Apple Juice Dinner Roll Pudding Milk	<b>14</b> Hamburger Steak w/Gravy Mashed Potatoes Broccoli Casserole Applesauce Orange Juice Dinner Roll Milk	<b>15</b> Smoked Sausage w/Cabbage Crowder Peas Dinner Roll Peaches Milk	<b>16</b> Breaded Chicken Filet Baked Beans Lettuce & Tomato Slices Bun Fruited Gelatin Milk	<b>17</b> Chicken Alfredo w/Noodles Green Beans Pickled Beets Wheat Roll Pears Milk
<b>20</b> Hot Dog w/Sauerkraut Pinto Beans Hot Sliced Apples Bun Fruited Gelatin Milk	<b>21</b> Fried Fish Filet w/Tartar Sauce Okra & Tomatoes Coleslaw Bun Mixed Fruit Milk	<b>22</b> ½ Pimento Cheese Sandwich on Wheat Bread Vegetable Beef Soup w/Crackers Fresh Orange Pudding Milk	<b>23</b> Spaghetti w/Meat Sauce Green Beans Tossed Salad w/Ranch Dressing Garlic Bread Pears Milk	<b>24</b> Pinto Beans Turnip Greens Macaroni & Cheese Cornbread Orange Juice Milk
<b>27</b> Pancakes w/syrup Scrambled Eggs Sausage Links Tater Tots Orange Juice Milk	<b>28</b> Meatloaf Diced Potatoes Broccoli Wheat Roll Orange Juice Pudding Milk	<b>29</b> Chicken Patty w/Gravy Corn Okra & Tomatoes Cornbread Fruited Gelatin Milk	<b>30</b> Smoked Sausage Rice Peas & Carrots Dinner Roll Pears Pudding Milk	<b>31</b> Barbecue Boneless Pork Rib Lima Beans Mashed Potatoes Fruit Cocktail Dinner Roll Milk

**Menu substitutes may occasionally have to be made of equal nutritional value.**

**“USDA is an equal opportunity provider and employer.”**