



Adult Life Programs October 14, 2024 – Oct 18, 2024, Breakfast & Snack Menu

Monday Oct 14	Tuesday Oct 15	Wednesday Oct 16	Thursday Oct 17	Friday Oct 18
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Breakfast:	Turkey Bacon English Muffin Mixed Fruit	Pancake w/fruit Peaches	Sausage & Egg Whole Grain Biscuit Pineapple	Bagel Cream Cheese (2 TBSP) Orange Juice	Boiled Egg Tropical Fruit Slice of WW Toast
Snack:	Banana Graham Cracker Halves (5)	Cucumber Slices Wheat Thins Ranch Dressing	Apple slices Peanut Butter (2 TBSP)	Mozzarella Cheese Sticks Marinara	Mini Corndogs Pineapple

** Unflavored 1% Milk and Water are offered Daily with Breakfast, Lunch, and Snack **

This institution is an Equal Opportunity Provider