

Nutrition Program Menu

September 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Spaghetti & Meat Sauce Corn Pineapple w/Cottage Cheese Garlic Bread Milk	2 Chicken & Dumplings Carrots Coleslaw Dinner Roll Peaches Milk	3 Meatloaf Macaroni & Cheese Lima Beans Dinner Roll Fresh Orange Milk	4 Baked Chicken w/Gravy Mashed Potatoes Carrot-Raisin Salad Dinner Roll Assorted Cookie Milk
7 CLOSED  LABOR DAY	8 Salisbury Steak w/Gravy Navy Beans Broccoli Dinner Roll Fresh Apple Slices Milk	9 Pinto Beans Collard Greens Stewed Potatoes Cornbread Yogurt w/blueberries Milk	10 Pepper Steak Mashed Potatoes Cucumber Salad Dinner Roll Pineapple Milk	11 Low Sodium Teriyaki Chicken Rice Broccoli & Cheese Dinner Roll Tropical Fruit Milk
14 Sloppy Joe Home Fries Coleslaw Bun Fresh Orange Milk	15 Chicken Fajita w/onions & peppers Spanish Rice Pinto Beans Sour Cream Fruit Cocktail Soft Tortilla Shells Milk	16 Biscuit & Gravy Scrambled Eggs Fresh Tomato Slices Baked Apples Milk	17 Hot Dog w/Chili Baked Beans Coleslaw Bun Peaches Milk	18 Chicken Alfredo w/Noodles Green Beans Tossed Salad Wheat Roll Pears Milk
21 Lemon Pepper Chicken Rice Stewed Tomatoes Dinner Roll Fresh Orange Milk	22 Barbecue Boneless Pork Rib Mashed Potatoes Lima Beans Dinner Roll Fruit Cocktail Milk	23 Waffle Scrambled Eggs Sausage Links Home Fries Orange Juice Milk	24 Beef Tacos Black Beans Lettuce & Tomato Fresh Apple Slices Soft Tortilla Shells Milk	25 Baked Ham Pinto Beans Turnip Greens Cornbread Pudding Milk
28 Chopped Steak w/Brown Gravy Green Beans Carrots Dinner Roll Cranberry Juice Milk	29 Fried Fish Filet Okra & Tomatoes Coleslaw Bun Peaches Milk	30 Turkey w/Gravy Cornbread Stuffing Sweet Potatoes Baked Apples Grape Juice Cranberry Sauce Milk		

Menu substitutes may occasionally have to be made of equal nutritional value.

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