



Adult Life Programs March 20, 2023 – March 24, 2023, Breakfast & Snack Menu

Monday Mar 20 Tuesday Mar 21 Wednesday Mar 22 Thursday Mar 23 Friday Mar 24

Breakfast:	Turkey Bacon English Muffin Mixed Fruit	Pancake Strawberries Syrup	Sausage & Egg Biscuit Pineapple	Bagel Cream Cheese (2 Tbsp) Watermelon	Boiled Egg Slice of WW Toast Tropical Fruit
Snack:	Banana Graham Cracker Halves (5)	Tortilla Chips Salsa	Apple Slices (1/2 Cup) Peanut Butter (2 Tbsp)	Cheese Nips Grapes	Bagel Bites (2) Pineapple (1/2 Cup)

**** Unflavored 1% Milk and Water are offered Daily with Breakfast, Lunch, and Snack ****
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