



Adult Life Programs March 9, 2026 – March 13, 2026, Breakfast & Snack Menu

Monday Mar 9	Tuesday Mar 10	Wednesday Mar 11	Thursday Mar 12	Friday Mar 13
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Breakfast:	Scrambled Eggs English Muffin Pears	Waffles Banana	Toast/Oatmeal Strawberries Jelly	Rice (1 cup) Sausage Gravy Peaches	Yogurt Granola (1/2 cup) Blueberries
Snack:	Pretzels Grapes	Flour Tortilla Cheese	Tortilla Chips Salsa	Vanilla Yogurt Apple Slices	Wheat Thins Cucumbers & Grape Tomatoes

**** Unflavored 1% Milk and Water are offered Daily with Breakfast, Lunch, and Snack ****

This institution is an Equal Opportunity Provider