

Nutrition Program Menu

July 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Pie Rice Okra & Tomatoes Cranberry Juice Wheat Roll Milk	2 Waffles w/syrup Scrambled Eggs Sausage Links Home Fries Milk Apple Juice	3 Beef Tacos Black Beans Lettuce & Tomato Fruit Cocktail Milk Soft Tortilla Shell	4 CLOSED  INDEPENDENCE DAY	5 Salisbury Steak w/Gravy Navy Beans Broccoli Baked Apple Slices Dinner Roll Milk
8 Sloppy Joe Home Fries Coleslaw Fruit Cocktail Bun Milk	9 Baked Chicken w/gravy Mashed Potatoes Crowder Peas Dinner Roll Fresh Orange Milk	10 Pinto Beans w/Ham Macaroni & Cheese Cabbage Cornbread Orange Juice Milk	11 Hot Dog w/Chili Corn Coleslaw Bun Peaches Milk	12 Chicken Alfredo w/Fettucine Noodles Green Beans Pickled Beets Dinner Roll Pears Milk
15 Barbecue Chicken Rice Stewed Tomatoes Dinner Roll Fruit Cocktail Milk	16 Swiss Steak Mashed Potatoes Green Beans Dinner Roll Pudding Milk	17 Barbecue Pork Rib Corn Coleslaw Cranberry Juice Bun Assorted Cookie Milk	18 Sweet & Sour Chicken Rice Broccoli Dinner Roll Pineapple Milk	19 Baked Ham Pinto Beans Turnip Greens Cornbread Baked Apples Milk
22 Chopped Steak w/Gravy Green Peas Buttered Carrots Wheat Roll Cranberry Juice Milk	23 Fried Fish Filet Okra & Tomatoes Coleslaw Bun Peaches Milk	24 Roast Turkey w/Gravy Cornbread Stuffing Broccoli w/Cheese Dinner Roll Fresh Apple Slices Milk	25 Baked Chicken w/Gravy Mashed Potatoes Green Beans Apple Juice Dinner Roll Pudding Milk	26 Chicken Parmesan Tossed Salad Fruit Cocktail Dinner Roll Assorted Cookie Milk
29 Cheeseburger Home Fries Lettuce & Tomato Bun Pudding Milk	30 Spaghetti & Meat Sauce Corn Pineapple Garlic Bread Pudding Milk	31 Chicken & Dumplings Carrots Coleslaw Dinner Roll Peaches Milk	 	

Menu substitutes may occasionally have to be made of equal nutritional value.

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