



Adult Life Programs September 25, 2023 – September 29, 2023, Breakfast & Snack

Monday Sept 25 Tuesday Sept 26 Wednesday Sept 27 Thursday Sept 28 Friday Sept 29

Breakfast:	Turkey Bacon English Muffin Mixed Fruit	Pancake w/fruit Peaches	Sausage & Egg Whole Grain Biscuit Pineapple	Bagel Cream Cheese (2 TBSP) Orange Juice	Boiled Egg Tropical Fruit Slice of WW Toast
Snack:	Banana Graham Cracker Halves (5)	Cucumber Slices Wheat Thins Ranch Dressing	Apple slices Peanut Butter (2 TBSP)	Mozzarella Cheese Sticks Marinara	Mini Corndogs Pineapple

**** Unflavored 1% Milk and Water are offered Daily with Breakfast, Lunch, and Snack ****
This institution is an Equal Opportunity Provider

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