











Monday	Tuesday	Wednesday	Thursday	Friday
<p>Adult Life Programs Conover 211 2nd Ave. Pl. NE Conover, NC 28613 828-464-0078</p> 		<p>Birthdays: 5/3—Myriah 5/9—Linda</p> 	<p>1 10—Morning Meeting 1030—Group: Check-in (C) 11—Participant Counsel Meeting 1230—Independent Living 1—Community Volunteering: Ashure</p>	<p>2 10—Morning Meeting 1030—Group: Check-in (C) 11—BINGO / Community Outing: Park 1230—Independent Living 1—Peer Group (S)</p>
<p>5 Cinco de Mayo 10—Morning Meeting 1030—Group: Check-in (C) / Meal Planning, Budgeting & Money Management 11—Community Outing: Walmart 1230—Independent Living 1—Group: Mental Health Monday (K) 2—Word of the Day (C)</p> 	<p>6 10—Morning Meeting 1030—Group: Check-in (C) / Cooking Class: Picnic Prep 11—Community Outing: Knob's Creek Farms 1230—Independent Living 1—Community Volunteering: Ashure 2—Group: Goal Group</p>	<p>7 10—Morning Meeting 1030—Group: Check-in (C) / Meal Planning, Budgeting & Money Management 11—Community Outings: Library / Burtons & Banana Box 1230—Independent Living 1—Group: Self-Empowerment / Pet Therapy with Faith 2—Word of the Day (C)</p>	<p>8 10—Morning Meeting 1030—Community Outing: Carolina Theater (\$5.50) 1230—Independent Living 1—Community Volunteering: Ashure 2—Group: Coping Skills (C)</p>	<p>9 10—Morning Meeting 1030—Group: Check-in (C) 11—Community Outing: Park 1230—Independent Living 1—Peer Group (S) 2—Word of the Day (C)</p> 
<p>12 10—Morning Meeting 1030—Group: Check-in (C) / Meal Planning, Budgeting & Money Management 11—Community Outing: Walmart 12—Mother's Day Celebration & Ladies Lunch 1230—Independent Living 1—Group: Mental Health Monday (K) 2—Word of the Day (C)</p>	<p>13 10—Morning Meeting 1030—Group: Check-in (C) / Bible Study (D) 11—Community Outing: Food Bank & Bread Store 1230—Independent Living 1—Community Volunteering: Ashure 2—Group: Goal Group (C)</p>	<p>14 10—Morning Meeting 1030—Group: Check-in (C) / Cooking Class: Tacos 11—Community Outing: Library / Dollar Tree 1230—Independent Living 1—Group: Self-Empowerment 2—Guest Visitor: Melanie Hot Weather Safety</p> 	<p>15 10—Morning Meeting 1030—Group: Check-in (C) 11—Community Outing: Bowling @ Pin Station (\$) 1230—Independent Living 1—Community Volunteering: Ashure 2—Group: Coping Skills (C)</p>	<p>16 10—Morning Meeting 1030—Group: Check-in (C) 11—Community Outing: Antique Tractor Show (\$5) 1230—Independent Living 1—Peer Group (S) 2—Word of the Day (C)</p> 
<p>19 10—Morning Meeting 1030—Group: Check-in (C) / Meal Planning, Budgeting & Money Management 11—Community Outing: Walmart 1230—Independent Living 1—Group: Mental Health Monday (K) 2—Word of the Day (C)</p>	<p>20 10—Morning Meeting 1030—Group: Check-in (C) / Bible Study (D) 11—Guest Visitor: Libbie / Community Outing: Park 1230—Independent Living 1—Community Volunteering: Ashure 2—Group: Goal Group (C)</p> 	<p>21 10—Morning Meeting 1030—Group: Check-in (C) 11—Community Volunteering: Meals on Wheels / Community Outing: Library 1230—Independent Living 1—Group: Self-Empowerment / Pet Therapy with Faith 2—Word of the Day (C)</p>	<p>22 10—Morning Meeting 1030—Group: Check-in (C) 11—Mental Health Spelling Bee 1230—Independent Living 1—Guest Visitor: Pastor Marcus / Community Volunteering: Ashure 2—Group: Coping Skills (C)</p>	<p>23 10—Morning Meeting 1030—Group: Check-in (C) / Cooking Class: Picnic Prep 11—Community Outing: Picnic & Games @ Newton Park 1230—Independent Living 1—Peer Group (S) 2—Word of the Day (C)</p>
<p>26 Memorial Day CENTER CLOSED</p> 	<p>27 10—Morning Meeting 1030—Group: Check-in (C) / Meal Planning, Budgeting & Money Management 11—Guest Visitor: David Adams / Community Outing: Walmart 1230—Independent Living 1—Group: Mental Health Tuesday (K) Community Volunteering: Ashure 2—Group: Goal Group (C)</p>	<p>28 10—Morning Meeting 1030—Group: Check-in (C) / Meal Planning, Budgeting & Money Management 11—Community Outings: Library / Thrift Store 1230—Independent Living 1—Group: Self-Empowerment 2—Word of the Day (C)</p>	<p>29 10—Morning Meeting 1030—Group: Check-in (C) 11—"Any Art" Art Contest 1230—Independent Living 1—Community Volunteering: Ashure 2—Group: Coping Skills (C)</p> 	<p>30 10—Morning Meeting 1030—Group: Check-in (C) 11—Movie & Popcorn @ Center / Cooking Class: Sub Sandwich & Birthday Cake 1230—Independent Living 1—Peer Group (S) 2—Movie Review (K) / Word of the Day (C)</p>