

ADULT LIFE PROGRAMS

Our vision is to be the leading provider of adult day services in NC

Our Mission: To enhance the vitality of participants' lives and support their caregivers by providing quality adult day services designed to keep them connected to and involved in the community.

NOVEMBER 2023

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Daily Schedule

8:30 to 10:00 Breakfast

10:00 to 10:15 Devotions

10:15 to 10:45 Exercise

10:45 to 11:30 Small Groups

11:30 to 12:00 Lunch

12:00 to 12:15 Chores

12:30 to 1:30 Activities

1:30 to 1:45 Snack Time

1:45 to 2:00 Break

2:00 Van Transports

2:15 to 3:15 "Group Time!"

3:30 to 4:30 Individualized Activities

4:30 to 5:30 "It's TV Time!"



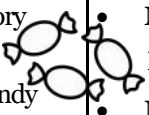





MON

TUES

WED

THURS

FRI

 <h1>November</h1>		<p>1. It's November!</p> <ul style="list-style-type: none"> Let's take a ride around the town of Maiden Porch Devotions Indoor Games 	<p>2. Cinnamon Day</p> <ul style="list-style-type: none"> Let's Make Cinnamon Christmas Tree Ornaments Cinnamon Bingo 	<p>3. Wizard of Oz Day</p> <ul style="list-style-type: none"> Follow the Yellow Brick Road Game Movie Marathon: Wizard of Oz Fun Facts..
<p>6. It's Candy Day!</p> <ul style="list-style-type: none"> Candy Memory Game Blindfold Candy Taste Test Guess that Candy? 	<p>7. Letter M Day</p> <ul style="list-style-type: none"> Marvelous Me—M & M Game Missing M Letters Game What is special about 	<p>8. Happy Fall Yall!</p> <ul style="list-style-type: none"> Fall Photos at the Maiden Gazebo Fall Bingo Let's make Fall Clips Spreading The Word 	<p>9. It's Pickle Day</p> <ul style="list-style-type: none"> Pickle Ball Balloon Volleyball Can you find the pickle in the tree 	<p>10. Autumn Tasting Day</p> <ul style="list-style-type: none"> Let's Make Apple Crisp Pie Crossword Puzzle 
<p>13. Deck The Halls</p> <ul style="list-style-type: none"> Let's Decorate for Christmas Cookie Cutter Ornaments 	<p>14. Deck The Halls</p> <ul style="list-style-type: none"> Vaya Health Seminar Let's Make Peppermint Snowflake 	<p>15. Deck The Halls</p> <ul style="list-style-type: none"> Hallmark X-Mas Movie Marathon Popcorn Bar 	<p>16. Autumn Baking</p> <ul style="list-style-type: none"> Lets Bake Spice Cake Loaves Make cards for the Homeless 	<p>17. Let's Help Other's Day</p> <ul style="list-style-type: none"> Deliver Insulated Cups to the Homeless
<p>20. Turkey Day!</p> <ul style="list-style-type: none"> Thanksgiving Word Game Turkey Bingo Turkey Sucker Craft 	<p>21. Blessing Day!</p> <ul style="list-style-type: none"> Cooking Class: Blessing Mix ABC Blessing Game Blessing Bingo 	<p>22. What are you Thankful For?</p> <ul style="list-style-type: none"> I am Thankful For? Gratitude Game Thanksgiving Dinner 	<p>23. Center is Closed For Thanksgiving Holiday</p> 	
<p>27. Christmas Centerpiece Day!</p> <p>Part 1: Let's Make Santa Hat Centerpieces</p> 	<p>28. Christmas Centerpiece Day!</p> <p>Part 2: Let's Make Santa Hat Centerpieces</p> <ul style="list-style-type: none"> Cookie Cutter Crafts 	<p>29. Christmas Crafts And Bingo</p> <ul style="list-style-type: none"> Cookie Cutter Crafts Cookie Bingo Cover All 	<p>30. Monthly Birthday Party</p> <p>November Birthday Party</p> <ul style="list-style-type: none"> B Column Bingo 4 Corners Bingo 	<p>Happy Birthday to:</p> <p>Eric—November 3</p> <p>Kenneth—November 23</p> 

1:1 Activities are subject to change based on the needs of each individual participant