
















<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>3 National Day of Unplugging</b>  <b>10:00</b> Morning Star Music &amp; Devotion  Mental Health Monday: Meditation  Money Monday: Budgeting  Crafts: Coloring Pages for the board  Michele's Birthday Activity  <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>	<p><b>4 Mardi Gras</b>   <b>8:30-9:15</b>  Music and Movement  <b>Music Lessons: Women artists</b>  Emotional Skills: Handling crowds  <b>Boy's Outing: Library</b>  <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>	<p><b>5 National Cheese Doodle Day</b>  <b>8:30-9:15</b> Music and Movement  <b>Adult Basic Education: Resumes</b>  Wellness Wednesday: Exercise  <b>Craft Time: Cheese Doodle Craft</b>  <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>	<p><b>6 National Dress Day</b>  <b>8:30-9:15</b> Music and Movement  <b>Social Studies: Women's History</b>  Theater: Women playwrights  <b>Girl's Outing: Library</b>   <b>Jennifer's Birthday Activity</b>  <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>	<p><b>7 National Cereal Day</b>  <b>8:30-9:15</b> Music and Movement  <b>Adult Basic Education: Handwriting</b>  Free Space Friday: Cereal Taste Test  <b>Free-Up: Outing to Captain's Galley</b>  <b>Sherry's Birthday Activity</b>   <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>
<p><b>10 National Harriet Tubman Day</b>  <b>8:30-9:15</b> Music and Movement  Mental Health: Empowerment  Money Monday: Budgeting  Craft: Harriet Tubman Sun catcher  <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>	<p><b>11 National Dream Day</b>  <b>8:30-9:15</b> Music and Movement  <b>Music Lessons: Women artists</b>  Emotional Skills: Achieving dreams  <b>Group A Outing: Rec Center</b>  <b>Participants Council Meeting</b>   <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>	<p><b>12 National Plant a Flower Day</b>  <b>8:30-9:15</b> Music and Movement  <b>Adult Basic Education: Resumes</b>  Wellness Wednesday: Exercise  <b>Craft Time: Flower Pots</b>   <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>	<p><b>13 National Good Samaritan</b>  <b>8:30-9:15</b> Music and Movement  <b>Social Studies: Women's History</b>  Theater Thursdays: Improv   <b>Group B Outing: Rec Center</b>  <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>	<p><b>14 National Learn About Butterflies Day</b>   <b>8:30-9:15</b> Music and Movement  <b>Adult Basic Education: Handwriting</b>  Free Space Friday: Butterfly games  <b>Free-Up Friday: Cleaning Cabinets 1</b>  <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>
<p><b>17 Happy St. Patrick's Day</b>  <b>8:30-9:15</b> Music and Movement  Mental Health Monday: Meditation  Money Monday: Budgeting  <b>Craft Time: 4 leaf clover art</b>   <b>Arianna's Birthday Activity</b>  <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>	<p><b>18 National Awkward Moments</b>  <b>8:30-9:15</b> Music and Movement  <b>Music Lessons: Women artists</b>  Emotional Skills: Handling those awkward moments  <b>Outing to Dollar General</b>  <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>	<p><b>19 National Certified Nurses</b>  <b>8:30-9:15</b> Music and Movement  <b>Adult Basic Education: Cooking</b>  Wellness Wednesday: Nutrition  <b>Craft Time: Nurses Day Badge</b>  <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>	<p><b>20 World Storytelling Day</b>  <b>First Day of Spring</b>  <b>8:30-9:15</b> Music and Movement  <b>Social Studies: Women's History</b>  Theater: Women playwrights  <b>Outing to Dollar General</b>   <b>Kelsey's Birthday Activity</b>  <b>2:30-3:30</b> Afternoon Crafting</p>	<p><b>21 National Memory Day</b>  <b>8:30-9:15</b> Music and Movement  <b>Adult Basic Education: Handwriting</b>  Free Space Friday: Memory Games  <b>Free-Up Friday: Cleaning Cabinets 2</b>  Bingo Time with Silver Stars   <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>
<p><b>24 National Cleaning Day</b>  <b>8:30-9:15</b> Music and Movement  Mental Health: Empowerment  Money Monday: Budgeting  <b>Craft Time: Sponge Art</b>   <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>	<p><b>25 National Walk in the Sand</b>  <b>8:30-9:15</b> Music and Movement  <b>Music Lessons: Women artists</b>  Emotional Skills: Dealing w/Strangers  <b>Group C Outing: Rec Center</b>  <b>Timeless Trivia with Librarian Jennifer</b>  <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>	<p><b>26 National Wear a Hat Day</b>  <b>8:30-9:15</b> Music and Movement  <b>Adult Basic Education: Cooking</b>  Wellness Wednesday: Nutrition  <b>Craft Time: Wearable Hats</b>   <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>	<p><b>27 National Scribble Day</b>  <b>8:30-9:15</b> Music and Movement  <b>Social Studies: Women's History</b>  Theater Thursdays: Improv  <b>Everyone Outing: Volunteer Time</b>  <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>	<p><b>28 Something on a Stick Day</b>  <b>8:30-9:15</b> Music and Movement  <b>Adult Basic Education: Handwriting</b>  Free Space Friday: Board Games  <b>Free-Up Friday: Cleaning Cabinets 3</b>  Music with the Bad Boys of Conover  <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>
<p><b>31 National Crayola Crayon Day</b>  <b>8:30-9:15</b> Music and Movement  Mental Health Monday: Meditation  Money Monday: Budgeting  <b>Craft Time: Crayola Crayon Craft</b>  <b>2:30-3:30</b> Afternoon Crafting  <b>3:30-5:30</b> Participant Choice</p>	<p><b>Women's History Month</b>  </p>	<p>Michele — 03/03 (staff)  Sherry — 03/07   Jennifer — 03/08  Ariana — 03/17  Kelsey — 03/20 (staff)</p>	<p><b>SUPERSTAR CALENDAR</b>    Superstar Room — Blue Activities  Game Room — Green Activities  Craft Room — Yellow Activities</p>	<p><b>March</b></p>
<p><b>Community Morning Meeting Daily 10:00-10:20</b></p>		<p><b>All Activities Subject to change</b></p>		<p><b>Adult Life Programs: (828) 324-1313 Hours: 6:30am-5:30pm</b></p>