



Adult Life Programs February 16, 2026 – February 20, 2026, Breakfast & Snack

Monday Feb 16

Tuesday Feb 17

Wednesday Feb 18

Thursday Feb 19

Friday Feb 20

Breakfast:	Turkey Bacon English Muffin Mixed Fruit	Pancake w/fruit Peaches	Sausage & Egg Whole Grain Biscuit Pineapple	Bagel Cream Cheese (2 TBSP) Orange Juice	Boiled Egg Tropical Fruit Slice of WW Toast
Snack:	Banana Graham Cracker Halves (5)	Cucumber Slices Wheat Thins Ranch Dressing	Apple slices Peanut Butter (2 TBSP)	Mozzarella Cheese Sticks Marinara	Mini Corndogs Pineapple

** Unflavored 1% Milk and Water are offered Daily with Breakfast, Lunch, and Snack **

This institution is an Equal Opportunity Provider