

Nutrition Program Menu

May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
2 Barbecued Chicken Rice Stewed Tomatoes Dinner Roll Baked Apples Milk	3 Swiss Steak Mashed Potatoes Broccoli & Cheese Dinner Roll Pineapple Tidbits Milk	4 Barbecued Pork Coleslaw Corn Bun Assorted Cookies Milk	5 Chopped Steak w/Brown Gravy Steamed Rice Green Beans Dinner Roll Chilled Fruit Cup Milk	6 Baked Ham Pinto Beans Turnip Greens Cornbread Pudding Milk
9 Fried Fish Okra & Tomatoes Coleslaw Bun Peaches Milk	10 Chopped Steak w/Brown Gravy Green Beans Carrots Wheat Roll Cranberry-Apple Juice Milk	11 Pancakes w/Syrup Scrambled Eggs Sausage Links Tater Tots Orange Juice Milk	12 Baked Chicken Creamed Potatoes Green Peas Dinner Roll Pudding Grape Juice Milk	13 Lasagna Tossed Salad w/Green Peppers & Tomatoes Dinner Roll Mixed Fruit Milk
16 Cheeseburger Barbecue Slaw Tater Tots Bun Pudding Milk	17 Spaghetti & Meat Sauce Corn Garlic Bread Pineapple Tidbits Milk	18 Chicken & Dumplings Carrots Coleslaw Slice Bread Peaches Milk	19 Meatloaf Macaroni & Cheese Lima Beans Dinner Roll Pineapple-Orange Juice Milk	20 Chicken Patty w/Gravy Mashed Potatoes Broccoli & Cheese Casserole Dinner Roll Assorted Cookie Milk
23 Chicken Pie Steamed Rice Okra & Tomatoes Slice Bread Cranberry-Apple Juice Milk	24 Salisbury Steak Navy Beans Broccoli Dinner Roll Apple Slices Milk	25 Pancakes w/Syrup Scrambled Eggs Sausage Links Tater Tots Orange Juice Milk	26 Pepper Steak Supreme Mashed Potatoes Peas & Carrots Dinner Roll Pineapple Milk	27 Sweet & Sour Chicken Macaroni & Cheese Broccoli Dinner Roll Baked Apples Milk
30 CLOSED  MEMORIAL DAY	31 Baked Chicken w/Gravy Mashed Potatoes Crowder Peas Dinner Roll Orange Milk		Mother's Day 	

Menu substitutes may occasionally have to be made of equal nutritional value.

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