

Superstars October 2026



Monday	Tuesday	Wednesday	Thursday	Friday
 Carlos: 10/17 (3 years) Kenny: 10/18 (5 years) Simon: 10/26 (5 years) Shele: 10/27 (11 years)	Every Tuesday: Tai Chi with Ashelin 10:30am-11:15pm  Every Friday Newspaper Committee Meets at 12:15pm	 Emily: 10/01 Kevin P: 10/02 Des: 10/08 Marlee: 10/09 Marissa: 10/12 Cole: 10/17 Angel: 10/20 (S) Suzie: 10/29	1 Pumpkin Spice Day Theater: Lights & Sound Cook Spiced Mac & Cheese Craft: Pumpkin Spice Lattes 2:30-3:30 Social Hour	2 Play Outside Day  Landscape Painting Outside Volleyball & games Finish Up Friday: Tidy up Kevin P's Birthday Activity!
5 Do Something Nice Day Morning Star Music  Make Morning Star cards! Math Monday: Worksheets Happy Birthday Emily!	6 Architecture Day  Learn about world architecture! Endangered animals science Color famous building by #	7 Coffee with Cop Day Police Officers visit Wellness Wednesday: Yoga Guys and Gals Small Groups Happy Birthday Marlee!	8 Depression Screening Day Theater: Improv Games Macadamia Nut Cookies Health Talk with Nurse Birthday Activity with Des!	9 Leif Erikson Day Group 1 Out to Wendy's History: Who is Leif Erikson? Fun Friday: Puzzles Participant's Council 
12 Columbus Day  Christopher Columbus Worksheets Money Monday Bingo Columbus' history & facts Marissa's Birthday Activity!	13 Breast Cancer Awareness Day  Cards for Cancer patients Endangered animals science Rap Music Bingo Game Wear pink today to support	14 Stop Bullying Day Group 3: Pumpkin Patch Visit with Faith   Wellness Walk Emotional Skills w/Katelyn  Movie Karaoke 	15 I Love Lucy Day  Theater: Costumes Cooking Class: Noodle Bake Craft: I Love Lucy Scenes 2:30-3:30 Social Hour 3:30-5:30 Participant Choice	16 National Dictionary Day Group 2 Out to Wendy's History & unique words Fun Friday: Word Games Finish Up Friday: Tidy up Birthday Activity with Cole!
19 German American Heritage Month  Meditation Monday Money Monday Game German American heritage 2:30-3:30 Social Hour	20 New Friends Day Emotional Skills w/Katelyn Endangered animals science Art Project w/Alyson & Carla Angel's Birthday Activity! 2:30-3:30 Social Hour	21 Back To The Future Group 1: Pumkin Patch Special Olympics Practice Could "Back To The Future" happen? Also, trivia!  Movie Karaoke	22 National Color Day Wear your favorite!  JINGO Game Funnel Cakes w/Sam & Nikki Color for November Board 2:30-3:30 Social Hour	23 National Croc Day Firefighters come to visit Group 3 Out to Wendy's Bad Boys of Conover  Crocs History ~ Wear yours! Fun Friday: Card Games
26 Pumpkin Day  Painting with Music Learning about Pumpkins Independent Skill: Organize Operation Christmas Child 2:30-3:30 Social Hour	27 National Civics Day What are national civics? Endangered animals science Independent Skill: Organize Operation Christmas Child Sing-Along Librarian Jen	28 Animation Day Group 2: Pumpkin Patch Visit with Faith  Wellness Number Game Animation Science  Movie Karaoke	29 National Cat Day Set up Halloween Carnival S'mores & Candy Taste Test Painting Pumpkins Happy Birthday Suzie!  2:30-3:30 Social Hour	30 ALP's Halloween History of Halloween Fun Friday: Carnival Parade & Dance  2:30-3:30 Social Hour 3:30-5:30 Participant Choice
Adult Life Programs: (828) 324-1313 Hours: 6:30am-5:30pm		All Subject to Change		USDA is an equal opportunities provider, employer, and lender