

# ADULT LIFE PROGRAMS

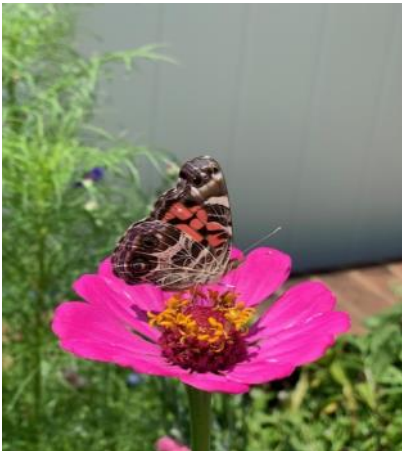
Our vision is to be the leading provider of adult day services in NC

Our Mission: To enhance the vitality of participants' lives and support their caregivers by providing quality adult day services designed to keep them connected to and involved in the community.



## September 2023

Cassandra Hall, MHR, QP  
 Day Services Manager  
 1265A 21st Street NE  
 Hickory, NC 28601  
 Phone: 828-324-1313  
 Fax: 828-322-9174



MON	TUES	WED	THURS	FRI
<p><b>Matthew -9/3</b>  <b>Eric-9/5</b>  <b>Hope -9/10</b>  <b>Patricia -9/14</b>  <b>Timothy -9/17</b>  <b>Beverly -9/21</b>  <b>Rufus-9/27</b>  <b>Carole -9/29</b></p>	<p><b>George -9/1(1year)</b>  <b>Cassandra -9/1(1year)</b>  <b>Malcolm-9/16 (4yrs)</b>  <b>Sheila-9/23 (7yrs)</b></p>			<p><b>1 10:00-11:15</b>                      Inspirational Songs                      Participant's Pick  <b>Labor Cook Out</b></p> <p><b>1:00-1:45</b>                      Pet Therapy w/ Billy &amp; Lakota                      Individual Activities</p>
<p><b>CLOSED FOR LABOR DAY</b></p>	<p><b>5 10:00-11:15</b>                      Select-a-Song Fun/                      Birthday Activity                      w/ Eric  <b>Cheese Only Day</b>  <b>12:45-1:45</b>                      Singing w/ Jim Coffey                      Birthday Activity                      w/ Matthew</p>	<p><b>6 10:00-11:15</b>                      Inspirational Songs  <b>Photo Booth Day</b>  <b>1:00-1:45</b></p> <p>w /Director &amp; Founder Sharon</p>	<p><b>7 10:00-11:15</b>                      Moving to the Oldies /                      Kickoff Day (The National Football League season )                      Quilt Collage w/ Susan  <b>1:00-1:45</b>                      Let's Play Bingo  <b>Courtesy Month</b></p>	<p><b>8 10:00-11:15</b>                      Select-a-Song Fun                      Don't Wear White Day                      Karaoke w/ Andrea</p> <p><b>1:00-1:45</b>                      Movie Friday/                      Individual Activities                      Finish Up Friday</p>
<p><b>11 10:00-11:15</b>                      Select-a-Song Fun                      Tribute 9/11</p> <p><b>1:00-1:45</b>  <b>Participants Council Meeting</b></p>	<p><b>12 10:00-11:15</b>                      Morning Song                      Board / Interactive                      Card Games  <b>Lunch @ Wendy's</b>  <b>1:00-1:45</b>                      National Day of                      Encouragement/                      Video Games Day</p>	<p><b>13 10:00-11:15</b>                      Select-a-Song Fun                      Word Game Wednesday  <b>Lunch @ Wendy's</b>  <b>12:30-1:30</b>                      Visiting w/ Comfort Dog in                      Process "FAITH"</p> <p>Watercolor Wednesday</p>	<p><b>14 10:00-11:15</b>                      Moving to the Oldies /                      National Coloring Day  <b>Lunch @ Wendy's</b>  <b>1:00-1:45</b>  <b>Be Creative Day</b></p>	<p><b>15 10:00-11:15</b>                      Inspirational Songs                      Birthday Activity                      w/ Patricia</p> <p><b>12:30-1:45</b> National Hispanic                      Heritage Month Begins                      Movie Friday/ Make a Hat Day                      Individual Activities</p> <p><b>Wear Can Day</b></p>
<p><b>18 10:00-11:15</b>                      Select-a-Song Fun  <b>Adult Day Service Week ...</b>  <b>WaCky TaCKY DaY</b>  <b>1:00-1:45</b>                      Let's Make a Deal  <b>**ALP Spirit Week</b></p>	<p><b>19 10:00-11:15</b>                      Morning Song                      Activity w/Hogs &amp; Kisses  <b>Country Day</b>  <b>1:00-2:00</b></p>	<p><b>20 10:00-11:15</b>                      Select-a-Song Fun                      Exercise/Small Groups Sessions  <b>Twin Day</b>  <b>1:00-1:45</b>                      Number Game                      w/ Tracie</p>	<p><b>21 10:00-11:15</b>  <b>World Alzheimer's Day</b>                      Bake Your Best Biscuits Day  <b>Hat &amp; Sun Glasses Day</b>  <b>1:00-1:45</b>                      Birthday Activity                      w/ Beverly</p>	<p><b>22 10:00-11:15</b>                      Inspirational Songs                      Walking Exercise  <b>80's Day</b>  <b>12:45-1:45</b>                      Water Balloon / Individual                      Games &amp; Activities</p>
<p><b>25 10:00-11:15</b>                      Select-a-Song Fun                      Board Games /Interactive                      Card Games  <b>Shopping @ Ollies</b></p> <p><b>12:30-1:45</b>                      Tic Tac Toe w/ Kevin</p>	<p><b>26 10:00-11:30</b>                      Morning Song                      Johnny Appleseed's Birthday  <b>Shopping @ Ollies</b>  <b>1:00-1:45</b>                      Timeless Trivia 13: Convertibles ,Hot Rods, and Classic Rides w/ Jennifer from Hickory Public Library</p>	<p><b>27 10:00-11:15</b>                      Select-a-Song Fun                      Activity w/ The 3 Stooges  <b>Shopping @ Ollies</b>  <b>12:30-1:30</b>                      Visiting w/ Comfort Dog in                      Process "FAITH"  <b>Scarf Day</b></p>	<p><b>28 10:00-11:15</b>                      VAYA Health Training                      Moving to the Oldies</p> <p><b>1:00-1:45</b>                      Birthday Activity                      w/ Rufus</p>	<p><b>29 10:00-11:00</b>                      Birthday Activity w/Carole  <b>11:00-2:00</b>  <b>Adult Life Programs</b>  <b>40 Year Celebration</b>                      Bad Boys of Conover                      Food Trucks/Games/Prizes                      Silent Auction: <b>All Welcome!!!</b></p>

\*\* Activities are subject to change \*\*