

ADULT LIFE PROGRAMS

Our vision is to be the leading provider of adult day services in NC

Our Mission: To enhance the vitality of participants' lives and support their caregivers by providing quality adult day services designed to keep them connected to and involved in the community.

June 2022

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Activities subject to change

MON	TUES	WED	THURS	FRI
 Wesley 6/1	 Antonio 6/20	1 10:00 Morning Exercise 10:45 Devotion/ Discussion 12:30 Do you know your emergency contact Info? 1:00 Weekly Word Draw!	2 10:00 Morning Exercise 10:30 Meals On Wheels 12:30 Devotion/ Discussion 1:00 Let's learn Sudoku	3 10:00 Morning Exercise 10:45 Devotion/ Discussion 12:30 "Mighty Casey has struck out" 1:00 Let's play Wii Baseball!
6 10:00 Morning Exercise 10:45 Devotion/ Discussion 12:30 Route 66 Day Facts about Route 66 1:00 Let's get our kicks!!!	7 10:00 Morning Exercise 10:45 Devotion/ Discussion 12:30 Let's take a walk! 1:00 Chocolate Ice cream Day!	8 10:00 Thrift Store Bargains! 12:30 Devotion/ Discussion 1:00 Daily Exercise	9 10:00 Morning Exercise 10:45 Devotion/ Discussion 12:30 Weekly Word Draw! 1:00 Let's play Sudoku	10 10:00 Morning Exercise 10:45 Devotion/ Discussion 12:30 Judy Garland's Birthday!
13 10:00 Morning Exercise 10:45 Devotion/ Discussion 12:30 Let's find some Anagrams with Leslie! 1:00 Let's play Sudoku	14 10:00 Morning Exercise 10:45 Devotion/ Discussion 12:30 Cooking Class with Polly: Let's Make Strawberry Shortcake! 1:00 What is Flag Day?	15 10:00 It's Nature photography day, let's get snapping some photos on a Nature Ride 12:30 Daily Exercise 1:00 Daily Discussion 1:30 Weekly Word Draw	16 10:00 Morning Exercise 10:45 Devotion/ Discussion 12:30 Recess @ work day! Let's have Field Day!	17 10:00 Morning Exercise 10:45 Devotion/ Discussion 12:30 Music Therapy on the Front Porch 1:15 Let's Play Sudoku
20 10:00 Morning Exercise 10:45 Devotion/ Discussion 12:30 BINGO with Suzanne!	21 10:00 Morning Exercise 10:45 Devotion/ Discussion 12:30 Let's Celebrate the first day of Summer at Pelican's Shaved Ice!	22 10:00 Morning Exercise 10:45 Devotion/ Discussion 12:30 Weekly Word Draw 1:00 Let's find Synonyms for our word of the week!	23 10:00 Morning Exercise 10:45 Devotion/ Discussion 12:30 Participant Council Meeting 1:00 Let's play Sudoku	24 10:00 Morning Exercise 10:45 Devotion/ Discussion 12:30 Celebrate the senses day! What are our 5 senses and how can we use them?
27 10:00 Morning Exercise 0:30 Meals on Wheels 12:30 Devotion/ Discussion 1:00 Helen Keller's Birthday, who is she?	28 10:00 Morning Exercise 10:45 Devotion/ Discussion 12:30 Wellness Checks 1:00 Let's Have a Birthday Party!	29 10:00 Morning Exercise 10:45 Devotion/ Discussion 12:30 Weekly Word Draw 12:45 Let's find Anagrams!	30 10:00 Morning Exercise 10:45 Devotion/ Discussion 12:30 Bomb Pop Bean bag game! 1:00 Let's Share some popsicles on the porch!	 Suzanne 1 Year