

CONOVER CENTER SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily Schedule 8a—Transport & Breakfast 10a—Morning Meeting 12p—Drink Sales 12:15p—Lunch 1p—Assignment Completion 3p—Snack & Transport	1 10:30—Bible Study (D) 11—Outing: Thrift Shopping / Cooking Class: Ham & Pintos w/ Cornbread 1:30—Guest Activity: Tai Chi A Matter of Balance / Volunteering: Ashure 2:30—Word of the Day 	2 10:30—Guest Visitor: Faith the Comfort Dog 11—Participant Counsel Meeting 1:30—Group: Social Skills 2:30—Word of the Day 	3 10:30—Group: Coping Skills 11—Outing: Ice Cream & Putt-Putt @ Utterly Delicious 1:30—Guest Activity: Tai Chi A Matter of Balance / Volunteering: Ashure 2:30—Word of the Day 	4 10:30—Peer Group (S) 11—Outing: Library & Park / Activity: Brain Games 1:30—Group: Life Skills 2:30—Word of the Day 
7 Labor Day CLOSED 	8 10:30—Bible Study (D) 11—Outing: Food Bank & Bread Store / Activity: Make & Create 1:30—Guest Activity: Tai Chi A Matter of Balance / Volunteering: Ashure 2:30—Word of the Day 	9 10:30—Group: MH Wednesday 11—Outing: Walmart / Activity: BINGO / Cooking Class: Ravioli & Salad 1:30—Group: Social Skills 2:30—Word of the Day 	10 10:30—Group: Coping Skills 11—Outing: Catawba Fair Grounds Flea Market / Activity: Brain Games 1:30—Guest Activity: Tai Chi A Matter of Balance / Volunteering: Ashure 	11 9/11 Remembrance 10:30—Peer Group (S) 11—Outing: Library & Park / Activity: BINGO 1:30—Group: Life Skills 2:30—Word of the Day 
14 10:30—Mindful Movement 11—Outing: Walmart / Activity: Jeopardy 1:30—Group: MH Monday 2:30—Word of the Day 	15 10:30—Bible Study (D) 11—Outing: Target & Hobby Lobby Activity: BINGO / Cooking Class: Chicken Alfredo & Broccoli 130—Guest Activity: Tai Chi A Matter of Balance / Volunteering: Ashure 2:30—Word of the Day 	16 10:30—Guest Visitor: Faith the Comfort Dog 11—Volunteering: Meals on Wheels / Activity: Make & Create 1:30—Group: Social Skills 2:30—Word of the Day 	17 Potluck 10:30—Group: Coping Skills 11—Outing: Movie @ Carolina Theater (\$) 1:30—Guest Activity: Tai Chi A Matter of Balance / Volunteering: Ashure 2:30—Word of the Day 	18 Potluck 10:30—Peer Group (S) 11—Outing: Bowling @ Pin Station 1:30—Outing: Library & Park / Activity: Brain Games 2:30—Word of the Day 
21 10:30—Mindful Movement 11—Outing: Walmart / Activity: BINGO 1:30—Group: MH Monday 2:30—Word of the Day 	22 10:30—Bible Study (D) 11—Outing: Food Bank & Bread Store / Activity: Make & Create 1:30—Volunteering: Ashure / Activity: Talent Show Practice  	23 10:30—Group: Social Skills 11—Volunteering: Meals on Wheels / Activity: Talent Show Practice 1:30—Group: Life Skills 2:30—Word of the Day 	24 10:30—Group: Coping Skills 11—Outing: Catawba Co. Firefighter's Museum 1:30—Volunteering: Ashure / Activity: Talent Show Practice 2:30—Word of the Day  	25 10:30—Peer Group (S) 11—Outing: Library & Park / Activity: Porch Party Prep & Talent Show Practice 1:30—Porch Party & Talent Show w/ Music by Andrew DJ Vernon 
28 10:30—Mindful Movement 11—Outing: Walmart / Activity: Jeopardy 1:30—Group: MH Monday 2:30—Word of the Day 	29 10:30—Bible Study (D) / Volunteering: Ashure 11—Activity: Brain Games 1:30—Guest Visitor: Pastor Marcus / Activity: Make & Create 2:30—Word of the Day 	30 10:30—Activity: Picnic Prep 11—Outing: Picnic & Games @ South Side Park 1:30—Group: Social Skills 2:30—Word of the Day 	Appreciation, Awareness & Observances National Suicide Prevention Month World Alzheimer's Disease Month Healthy Aging Month Happy Cat Month 	Birthdays Carly 9/15 ALP Anniversaries Alex 1 yr 

All Activities Subject to Change