

** Activities subject to change **

ADULT LIFE PROGRAMS

Our vision is to be the leading provider of adult day services in NC

Our Mission: To enhance the vitality of participants' lives and support their caregivers by providing quality adult day services designed to keep them connected to and involved in the community.

August 2022

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MON	TUES	WED	THURS	FRI
<p>1 9:00 Coffee & Conversations w/Polly 10:00 Get Moving w/Leslie 10:45 Nail Boutique for National Girlfriends Day with Suzanne 12:30 "No Name Icebreaker Game" w/Polly & Leslie</p>	<p>2 9:00 Coffee Chat w/Polly 10:00 Cooking Class – Diabetic Friendly Cookie Ice Cream w/ Polly & Suzanne 10:45 Devotions w/Leslie 12:30 "National Coloring Book Day! "Let's work independently"</p>	<p>3 10:00 Deliver Meals on Wheels w/Leslie 10:00 Circle Beachball Volleyball w/Suzanne 10:45 Let's have a Jenga challenge w/ Polly 12:30 National Watermelon Day tasting w/ Leslie</p>	<p>4 9:00 Coffee Chat w/ Polly 10:00 Participant Council Meeting 10:45 Daily Devotions w/ Leslie 12:30 Let's pick out a great recipe to make for our next "Cooking Class with Polly"</p>	<p>5 9:00 Coffee Café w/Polly 10:00 Cereal Box scramble game w/ Leslie 10:45 Daily Devotions - Participants' Choice 12:30 Checkers Challenge w/ Polly</p>
<p>8 9:00 Coffee & Conversations w/Polly 10:00 Get Moving to Elvis "Blue Suede Shoes" w/Leslie 10:45 Cornhole with Suzanne 12:30 Ball Drop Game w/Polly & Leslie</p>	<p>9 9:00 Coffee Chat w/Polly 10:00 Scarf exercises to Elvis "Burning Love" w/Leslie 10:45 Sunflower Painting - Part 1 12:30 Sunflower Painting Part 2</p>	<p>10 9:00 Coffee & Conversations w/Polly 10:00 Let's get moving to Elvis "Jailhouse Rock" w/Leslie 10:45 Tic-Tac-Toe frisbee with Suzanne 12:30 Watercolor w/Polly & Leslie</p>	<p>11 9:00 Coffee Social w/ Polly 10:00 Daily Devotions w/ Suzanne 10:45 Sand Search Pt. 1 "work independently" 12:30 Sand Search Pt. 2</p>	<p>12 9:00 Coffee Café w/ Polly 10:00 Jeopardy Trivia w/ Leslie 10:45 National Bowling Day w/Suzanne 12:30 Artist Corner - Let's work independently</p>
<p>15 9:00 Coffee & Conversations w/Polly 10:00 Get Moving to Elvis "Rock Around the Clock" w/Leslie 10:45 Daily Devotions - Suzanne 12:30 Fishbowl Game w/Polly & Leslie</p>	<p>16 9:00 Coffee Chat w/Polly 10:00 Scarf exercises to Elvis "Rock Around the Clock" w/ Leslie 10:45 Starfish Rope Coasters Pt. 1 12:30 Starfish Rope Coasters</p>	<p>17 9:00 Coffee Social w/ Polly 10:00 Daily Devotions w/ Suzanne 10:45 Anagram games with Suzanne 12:30 It's Summertime Bingo</p>	<p>18 9:00 Coffee Social w/Polly It's World Photo Day! 10:30 Let's get our props ready for picture day w/ Suzanne 12:30 It's time to "Say Cheese!" - let's take your picture w/Leslie & Polly</p>	<p>19 9:00 Coffee Café w/Polly 10:00 Daily Devotions - Participants' Choice 10:45 Let's get creative..... 12:30 Penny, Penny, Who's got the Penny? Game w/ Polly & Leslie</p>
<p>22 9:00 Coffee & Conversations w/Polly 10:00 Get Moving w/Leslie 10:45 Let's make some cards! (Be Kind to Mankind Week) 12:30 Let's Unwrap It - game w/Polly</p>	<p>23 9:00 Coffee Chat w/ Polly 10:00 Scarf exercises to "My Girl" w/Leslie 10:45 Let's make Beach Cups Pt. 1 12:30 Let's make Beach Cups</p>	<p>24 9:00 Coffee & Conversations w/Polly 10:00 Summer Clothing crossword puzzle 10:30 Sunflower Pen Pt. 1 12:30 Sunflower Pen Pt. 2</p>	<p>25 9:00 Coffee Social w/Polly 10:00 "What do you take to the beach?" game w/Suzanne 10:45 "Name That Tune!" w/ Leslie 12:30 Peachy Keen word game w/Polly</p>	<p>26 9:00 Coffee & Conversations w/Polly 10:00 Puzzle Trivia- "What Rhymes with Gold?" w/Leslie 10:45 Rope Coasters craft 12:30 National Cherry Popsicle tasting day w/Polly</p>
<p>29 9:00 Coffee & Conversations w/Polly 10:00 Get Moving w/Leslie 10:45 "Who Am I?" trivia w/ Leslie 12:30 It's Summertime Bingo</p>	<p>30 9:00 Coffee Chat w/ Polly 10:00 Scarf exercises to "Somewhere over the Rainbow" w/Leslie 10:45 Devotions with Suzanne 12:30 Cooking Class - "Let's make play dough" w/Polly</p>	<p>31 9:00 Coffee & Conversations w/Polly 10:00 Daily Devotions w/ Suzanne 10:45 "Let's Eat Outside Day" - we will enjoy our lunch outside & listen to beach music 12:30 August Birthday Party</p>	<p>HAPPY BIRTHDAY Leslie - 8/15 Suzanne - 8/25</p> <p>HAPPY ANNIVERSARY Clyde - 8/30 (10 yrs)</p>	

