
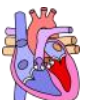









Maiden Center February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 8:00 Coffee & Conversations 10:00 Morning Meeting & Movement 11:00 Mental Health Monday— 11:30 Lunch 12:15 Money Monday 1:00 Afternoon Exercise & Snack (National Tater Tot Day)  2:00 Afternoon Clean Up	4 8:00 Coffee & Conversations 10:00 Morning Meeting & Movement 11:00 Rosa Parks Day—Video 11:30 Lunch 12:15 Valentines for Seniors 1:00 Afternoon Exercise & Snack 2:00 Afternoon Clean Up	5 8:00 Coffee & Conversations 10:00 Morning Meeting & Movement 11:00 Wellness Wednesday—Parts of the Heart  11:30 Lunch 12:15 Valentines for Seniors 1:00 Afternoon Exercise & Snack 2:00 Afternoon Deep Clean	6 8:00 Coffee & Conversations 10:00 Morning Meeting & Movement 11:00 Chopstick History & Activity 11:30 Lunch 12:15 Participant Council Meeting 1:00 Afternoon Exercise & Snack 2:00 Afternoon Clean Up	7 8:00 Coffee & Conversations 10:00 Morning Meeting 10:30 Family Dollar/Dollar Tree 11:30 Lunch 12:15 Canadian Rockies Tour 1:00 Afternoon Exercise & Snack 2:00 Afternoon Deep Clean
10 8:00 Coffee & Conversations 10:00 Morning Meeting & Movement 11:00 Mental Health Monday 11:30 Lunch 12:15 Sand Art Candles 1:00 Afternoon Exercise & Snack 2:00 Afternoon Clean Up	11 8:00 Coffee & Conversations 10:00 Deliver Valentines to Hky 11:30 Lunch 12:15 African American Inventors 1:00 Afternoon Exercise & Snack 2:00 Afternoon Clean Up	12 8:00 Coffee & Conversations 10:00 Morning Meeting & Movement 11:00 Wellness Wednesday—What Does the Heart Do?  11:30 Lunch 12:15 Pastor Easter 1:00 Afternoon Exercise & Snack 2:00 Afternoon Deep Clean	13 8:00 Coffee & Conversations 10:00 Morning Meeting & Movement 11:00 What Love Look/Sound/Feel Like? 11:30 Valentines Lunch—Spaghetti 12:15 Caregiver Valentines 1:00 Afternoon Exercise & Snack 2:00 Afternoon Clean Up	14—Valentines Day  8:00 Coffee & Conversations 10:00 Morning Meeting & Movement 11:00 Valentine Bingo 11:30 Lunch 12:15 City of Love (Paris) Tour 1:00 Afternoon Exercise & Snack 2:00 Afternoon Deep Clean 
17 8:00 Coffee & Conversations 10:00 Morning Meeting & Movement 11:00 History of Presidents Video 11:30 Lunch 12:15 President Matching Game 1:00 Afternoon Exercise & Snack 2:00 Afternoon Clean Up	18 8:00 Coffee & Conversations 10:00 Morning Meeting & Movement 11:00 Valentines Party w/ Conover 1:00 Afternoon Exercise & Snack 2:00 Afternoon Clean Up 	19 8:00 Coffee & Conversations 10:00 Morning Meeting & Movement 11:00 Wellness Wednesday—What is Blood Pressure & Cholesterol 11:30 Lunch 12:15 Sing-along Sessions— The 60s 1:00 Afternoon Exercise & Snack 2:00 Afternoon Deep Clean	20—Comfy Clothes Thursday 8:00 Coffee & Conversations 10:00 Morning Meeting & Movement 11:00 Cookie's Corner 11:30 Lunch 12:15 Thankful Thursday Collage 1:00 Afternoon Exercise & Snack 2:00 Afternoon Clean Up	21 8:00 Coffee & Conversations 10:00 Bowling @ Pin Station 11:30 Lunch 12:15 George Washington Activity 1:00 Afternoon Exercise & Snack 2:00 Afternoon Deep Clean 
24 8:00 Coffee & Conversations 10:00 Morning Meeting & Movement 11:00 Mental Health Monday 11:30 Lunch 12:15 Money Monday 1:00 Afternoon Exercise & Snack 2:00 Afternoon Clean Up	25 8:00 Coffee & Conversations 10:00 Morning Meeting & Movement 11:00 Personal Contact Information 10:30 Chick-fil-a, Silver Stars 11:30 Lunch 12:15 Would You Rather?  1:00 Afternoon Exercise & Snack 2:00 Afternoon Clean Up	26 8:00 Coffee & Conversations 10:00 Morning Meeting & Movement 11:00 Wellness Wednesday—Heart Healthy Foods 11:30 Lunch 12:15 Pastor Easter 1:00 Afternoon Exercise & Snack 2:00 Afternoon Deep Clean	27 8:00 Coffee & Conversations 10:00 Morning Meeting & Movement 11:00 Travels & Adventures 11:00 Chick-fil-a, Super Stars 11:30 Lunch 12:15 Goals for the Future  1:00 Afternoon Exercise & Snack 2:00 Afternoon Clean Up	28—Fun Friday 8:00 Coffee & Conversations 10:00 Morning Meeting & Movement 11:00 Winter Games 11:30 Lunch 12:15 Winter Games 1:00 Afternoon Exercise & Snack 2:00 Afternoon Deep Clean

**** Activities are subject to change ****

This institution is an equal opportunities provider