

Nutrition Program Menu

October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Pie Collard Greens Baked Apples Dinner Roll Milk Assorted Cookie	2 Baked Ham Broccoli w/Cheese Sauce Mashed Potatoes Orange Juice Cornbread Pudding Milk	3 Chili Con Carne Rice Coleslaw Cornbread Fruit Cocktail Milk
6 Barbecue Chicken Green Peas Glazed Carrots Fresh Apple Slices Dinner Roll Pudding Milk	7 Beef Tacos Black Beans Lettuce & Tomato Fruit Cocktail Milk Soft Tortilla Shells	8 Smoked Sausage w/Cabbage Crowder Peas Dinner Roll Peaches Milk	9 Baked Chicken Baked Beans Lettuce & Tomato Slices Bun Fruited Gelatin Milk	10 Chicken Alfredo w/Noodles Green Beans Pickled Beets Wheat Roll Pears Milk
13 Hot Dog w/Sauerkraut Pinto Beans Hot Sliced Apples Bun Fruited Gelatin Milk	14 Fried Fish Filet w/Tartar Sauce Okra & Tomatoes Coleslaw Bun Mixed Fruit Milk	15 ½ Pimento Cheese Sandwich on Wheat Bread Vegetable Beef Soup w/crackers Fresh Orange Pudding Milk	16 Spaghetti w/Meat Sauce Green Beans Tossed Salad w/Ranch Dressing Garlic Bread Pears Milk	17 Pinto Beans Turnip Greens Macaroni & Cheese Cornbread Orange Juice Milk
20 Chicken Pie Blackeye Peas Peaches Dinner Roll Assorted Cookie Milk	21 Meatloaf Diced Potatoes Broccoli Wheat Roll Orange Juice Pudding Milk	22 Chicken Parmesan Tossed Salad Fruit Cocktail Dinner Roll Assorted Cookie Milk	23 Hamburger Steak w/Gravy Mashed Potatoes Broccoli Casserole Applesauce Dinner Roll Orange Juice Milk	24 Barbecue Boneless Pork Rib Lima Beans Mashed Potatoes Dinner Roll Fruit Cocktail Milk
27 Sliced Turkey w/Gravy Cornbread Stuffing Green Beans Peach Cobbler Dinner Roll Milk	28 Sloppy Joe Home Fries Coleslaw Bun Applesauce Milk	29 Hot Dog w/chili Barbecue Slaw Lima Beans Apple Juice Bun Oatmeal Cookie Milk	30 Waffle w/syrup Scrambled Eggs Sausage Patty Home Fries Orange Juice Milk	31 Baked Chicken Broccoli & Cauliflower Medley Blackeye Peas Apple Juice Wheat Roll Assorted Cookie Milk

Menu substitutes may occasionally have to be made of equal nutritional value.

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