






























Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Gracie ~ 1/15 Cindy ~ 1/15 (Staff) Wendy ~ 1/15 (Staff)</p>	 <p>January Superstar Calendar</p>	<p>Cole ~ 1/4 (7 years) Desmond ~ 1/9 (7 years) Alicia ~ 1/24 (3 yrs) Staff</p>  <p>HAPPY ANNIVERSARY</p>	<p>1 CLOSED: New Year's Day</p>  <p>HAPPY NEW YEAR 2026</p>	<p>2 National Science Fiction Day Everyday Safety: Active Listening Craft: Paper Plate UFOs Science Fiction Trivia 2:30-3:30 Social Hour 3:30-5:30 Participant Choice</p> 
<p>5 National Bird Day Morning Star Music &amp; Devotion Money Monday Bingo Coffee Filter Bird Resolutions 2:30-3:30 Social Hour 3:30-5 Participant Choice</p> 	<p>6 National Technology Day Group 2 Outing to: Rec Center History &amp; Trivia of Technology Science: Learn about Monkeys Monkey Craft 2:30-3:30 Social Hour</p> 	<p>7 National English Toffee Day Participants Council Meeting Cooking Detective Class Wellness Wednesday: Yoga 2:30-3:30 Social Hour 3:30-5:30 Participant Choice</p> 	<p>8 National Elvis Presley Day Sign Language Class (Ms. Kennedy) Learn about Elvis Presley Elvis Presley Craft Elvis Number Game 2:30-3:30 Social Hour</p> 	<p>9 National Static Electricity Day Group 1 Outing to: Target Emotional Skills: Regulation Free Space: Group 2 Karaoke Static Electricity Experiment 2:30-3:30 Social Hour</p> 
<p>12 National Hot Tea Day Is Tea good for Mental Health? Math Monday Worksheets Hot Tea Tasting 2:30-3:30 Social Hour 3:30-5:30 Participant Choice</p> 	<p>13 National Rubber Duckie Day Group 1 Outing to: Rec Center History &amp; Trivia of Common Toys Science: Learn about Ducks Rubber Duckie Game Time 2:30-3:30 Social Hour 3:30-5:30 Participant Choice</p> 	<p>14 Dress Up Your Pet Day Happy Birthday Gracie Faith, Comfort Dog, visits Cooking Class: Garlic Texas Toast Wellness Wednesday: Zumba Craft Time: Make Tie-Dye Badanas for our Pets</p>  	<p>15 National Hat Day (Wear Your Favorite Hat!) Sign Language Class (Ms. Kennedy) Theater: Costume Class Craft Time: Make Your Own Hat Happy Birthday Wendy! Happy Birthday Cindy!</p>  	<p>16 Dragon Appreciation Day Group 2 Outing to: Target Everyday Safety on Outings Free Space: Group 1 Karaoke Dragon Craft 2:30-3:30 Social Hour 3:30-5:30 Participant Choice</p>  
<p>19 CLOSED: MLK Day</p> 	<p>20 National Penguin Day Who is Martin Luther King Junior? Science: Learn about Penguins! Penguin Craft 2:30-3:30 Social Hour 3:30-5:30 Participant Choice</p> 	<p>21 National Granola Bar Day Make your own Granola Bags Class Wellness Wednesday: Pilates Craft Time: Winter Painting 2:30-3:30 Social Hour 3:30-5:30 Participant Choice</p> 	<p>22 National Polka Dot Day (Wear Polka Dots!) Sign Language Class (Ms. Kennedy) Theater: Costume Class Polka Dot Craft 2:30-3:30 Social Hour 3:30-5:30 Participant Choice</p> 	<p>23 National Kings &amp; Queens Day (Wear favorite outfit &amp; a crown) Group 1 Outing to: What-A-Burger Learn about famous Kings &amp; Queens Free Space: Group 2 BINGO King &amp; Queen Fashion Show 2:30-3:30 Social Hour</p> 
<p>26 National Bubble Wrap Day Mental Health Meditation Independent Living Chores Bubble Wrap Craft 2:30-3:30 Social Hour 3:30-5:30 Participant Choice</p> 	<p>27 National Geographic Day History of National Geographic Science: Learn about Polar Bears Polar Bears Craft 2:30-3:30 Social Hour</p>  	<p>28 Blueberry Pancake Day Faith, Comfort Dog, visits Cooking Class: Blueberry Pancakes Wellness: Yoga Women's Group (Diamond Art) Men's Group (Lego Sets) 2:30-3:30 Social Hour</p> 	<p>29 National Kazoo Day Sign Language Class (Ms. Kennedy) Theater: Improv Games Make your own Kazoo 2:30-3:30 Social Hour</p> 	<p>30 National Storytelling Day Group 2 Outing to: What-A-Burger Music with the Bad Boys of Conover Glenn's Reading Group Free Space: Group 1 BINGO Finish Up Friday &amp; Tidy Up Time</p> 
Adult Life Programs: (828) 324-1313 Hours: 6:30am-5:30pm		All Activities Subject to Change		This institution is an equal opportunities provider 2026