

Monday	Tuesday	Wednesday	Thursday	Friday
1 Happy Birthday  Gracie ~ 1/15 Cindy ~ 1/15 (Staff) Wendy ~ 1/15 (Staff)	2 January Superstar Calendar 	3 Cole ~ 1/4 (7 years) Desmond ~ 1/9 (7 years) Alicia ~ 1/24 (3 yrs) Staff 	4 1 CLOSED: New Year's Day 	5 2 National Science Fiction Day Everyday Safety: Active Listening Craft: Paper Plate UFOs Science Fiction Trivia 2:30-3:30 Social Hour 3:30-5:30 Participant Choice 
6 5 National Bird Day  Morning Star Music & Devotion Money Monday Bingo Coffee Filter Bird Resolutions 2:30-3:30 Social Hour 3:30-5 Participant Choice 	7 6 National Technology Day Group 2 Outing to: Rec Center History & Trivia of Technology Science: Learn about Monkeys Monkey Craft 2:30-3:30 Social Hour 	8 7 National English Toffee Day Participants Council  Cooking Detective Class Wellness Wednesday: Yoga 2:30-3:30 Social Hour 3:30-5:30 Participant Choice	9 8 National Elvis Presley Day Sign Language Class (Ms. Kennedy) Learn about Elvis Presley Elvis Presley Craft Elvis Number Game 2:30-3:30 Social Hour 	10 9 National Static Electricity Day Group 1 Outing to: Target Emotional Skills: Regulation Free Space: Group 2 Karaoke Static Electricity Experiment 2:30-3:30 Social Hour 
11 12 National Hot Tea Day  Is Tea good for Mental Health? Math Monday Worksheets Hot Tea Tasting 2:30-3:30 Social Hour 3:30-5:30 Participant Choice	12 13 National Rubber Duckie Day Group 1 Outing to: Rec Center History & Trivia of Common Toys Science: Learn about Ducks Rubber Duckie Game Time 2:30-3:30 Social Hour 3:30-5:30 Participant Choice 	13 14 Dress Up Your Pet Day Happy Birthday Gracie Faith, Comfort Dog, visits Cooking Class: Garlic Texas Toast Wellness Wednesday: Zumba Craft Time: Make Tye-Dye Badanas for our Pets 	14 15 National Hat Day (Wear Your Favorite Hat!) Sign Language Class (Ms. Kennedy) Theater: Costume Class Craft Time: Make Your Own Hat Happy Birthday Wendy! Happy Birthday Cindy!  	15 16 Dragon Appreciation Day Group 2 Outing to: Target Everyday Safety on Outings Free Space: Group 1 Karaoke Dragon Craft 2:30-3:30 Social Hour 3:30-5:30 Participant Choice  
16 17 19 CLOSED: MLK Day 	18 20 National Penguin Day Who is Martin Luther King Junior? Science: Learn about Penguins! Penguin Craft 2:30-3:30 Social Hour 3:30-5:30 Participant Choice 	19 21 National Granola Bar Day Make your own Granola Bars Class Wellness Wednesday: Pilates Craft Time: Winter Painting 2:30-3:30 Social Hour 3:30-5:30 Participant Choice 	20 22 National Polka Dot Day (Wear Polka Dots!) Sign Language Class (Ms. Kennedy) Theater: Costume Class Polka Dot Craft 2:30-3:30 Social Hour 3:30-5:30 Participant Choice 	21 23 National Kings & Queens Day (Wear favorite outfit & a crown) Group 1 Outing to: What-A-Burger Learn about famous Kings & Queens Free Space: Group 2 BINGO King & Queen Fashion Show 2:30-3:30 Social Hour 
22 24 26 National Bubble Wrap Day Mental Health Meditation Independent Living Chores Bubble Wrap Craft 2:30-3:30 Social Hour 3:30-5:30 Participant Choice 	23 25 National Geographic Day History of National Geographic Science: Learn about Polar Bears Polar Bears Craft  	24 26 Blueberry Pancake Day Faith, Comfort Dog, visits Cooking Class: Blueberry Pancakes Wellness: Yoga Women's Group (Diamond Art) Men's Group (Lego Sets) 2:30-3:30 Social Hour 	25 27 National Kazoo Day Sign Language Class (Ms. Kennedy) Theater: Improv Games Make your own Kazoo 2:30-3:30 Social Hour 	26 28 National Storytelling Day Group 2 Outing to: What-A-Burger Music with the Bad Boys of Conover Glenn's Reading Group Free Space: Group 1 BINGO Finish Up Friday & Tidy Up Time 
Adult Life Programs: (828) 324-1313 Hours: 6:30am-5:30pm		All Activities Subject to Change		This institution is an equal opportunities provider 2026