

Conover Center August 2026

Mon	Tue	Wed	Thu	Fri
3 10:30—Mindful Movement 11—Outing: Walmart / Activity: BINGO (J) 1:30—Group: MH Monday 2—Crochet Club 2:30—Word of the Day 	4 10:30—Mindful Movement / Bible Study (D) 11—Outing: Dollar Tree / Activity: Jeopardy 1:30—Show & Share / Volunteer: Ashure (1.5hr) 2:30—Word of the Day 	5 10:30—Mindful Movement / Comfort Dog Faith 11—Cooking Class: Quesadilla Casserole / Participant Council MTG 1:30—Make & Create / Volunteer: Ashure (1.5hr) 2:30—Word of the Day 	6 10:30—Mindful Movement / Volunteer: Ashure (1.5hr) 11—Outing: Thrift Shopping / Activity: BINGO (J) 1:30—Group: Coping Skills 2:30—Word of the Day 	7 10:30—Peer Group (S) 11—Outing: Bowling @ Pin Station (\$) 1:30—Outing: Library & Laundry / Crochet Club / Activity: Jeopardy 2:30—Word of the Day  
10 10:30—Mindful Movement 11—Outing: Walmart / Activity: Jeopardy 1:30—Group: MH Monday 2—Crochet Club 2:30—Word of the Day 	11 10:30—Mindful Movement / Bible Study (D) 11—Outing: Food Bank & Bread Store / Activity: BINGO (J) 1:30—Make & Create / Volunteer: Ashure (1.5hr) 2:30—Word of the Day 	12 (Solar Eclipse) 10:30—Mindful Movement 11—Outing: Farmer's Market / Activity: Jeopardy (J) 1:30—Group: Coping Skills / Volunteer: Ashure (1.5hr) 2:30—Word of the Day 	13 10—Outing: Movies Carolina Theater (\$6) 1:30—Everything Road Show / Volunteer: Ashure (1hr) 2—Mindful Movement 2:30—Word of the Day 	14 10:30—Peer Group (S) Picnic Prep 11—Outing: Picnic @ Wittenburg Park 1:30—Outing: Library & Park / Crochet Club / Activity: BINGO 2:30—Word of the Day 
17 10:30—Mindful Movement 11—Outing: Walmart / Activity: BINGO (J) 1:30—Group: MH Monday 2—Crochet Club 2:30—Word of the Day 	18 10:3—Mindful Movement / Bible Study (D) 11—Outing: 5 Below & Ross / Activity: Jeopardy 1:30—Activity: Talent Show / Volunteer: Ashure (1.5hr) 2:30—Word of the Day 	19 10:30—Mindful Movement / Comfort Dog Faith / Volunteer: MOW 11—Cooking Class: Brunch / Activity: Brain Games 1:30—Make & Create / Volunteer: Ashure (1.5hr) 2:30—Word of the Day 	20 10:30—Mindful Movement / Volunteer: Ashure (1.5hr) 11—Outing: Visit to Newton Town Square / Activity: BINGO 1:30—Group: Coping Skills / Volunteer: Ashure (1hr) 2:30—Word of the Day 	21 10:30—Peer Group (S) 11—Board Game Social & Music 1:30—Outing: Library & Laundry / Crochet Club / Activity: Jeopardy 2:30—Word of the Day 
24 10:30—Mindful Movement 11—Outing: Walmart / Activity: Jeopardy 1:30—Group: MH Monday 2—Crochet Club 2:30—Word of the Day 	25 10:30—Bible Study (D) / Volunteer: Ashure (1.5hr) 11—Outing: Food Bank & Bread Store / Activity: Make & Create 1—Guest Activity: Tai Chi A Matter of Balance (1-3p) 1:30—Activity: BINGO (J) 2:30—Word of the Day 	26 10:30—Mindful Movement / Outing: Scam Jam @ Hickory Metro Center 11—Baking Class: Pound Cake / Activity: Brain Games 1:30—Group: Coping Skills / Volunteer: Ashure (1.5hr) 2:30—August Celebrations  	27 10:30—Mindful Movement / Volunteer: Ashure (1.5hr) 11—Outing: Library & Park / Crochet Club / Activity: Jeopardy 1—Guest Activity: Tai Chi A Matter of Balance (1-3p) 1:30—Activity: Brain Games 2:30—Word of the Day 	28 10:30—Peer Group (S) / Picnic Prep 11—Outing: Picnic @ Southside Community Pool (\$4) (12:30-3p) 1:30—Activity: BINGO 2:30—Word of the Day 
31 10:30—Mindful Movement 11—Outing: Walmart / Activity: BINGO 1:30—Group: MH Monday 2—Crochet Club 2:30—Word of the Day 	 All Activities Subject to Change	Daily Schedule 8a—Transportation & Breakfast 10a—Morning Meeting 12p—Drink Sales 12:15p—Lunch 1p—Assignment Completion 3p—Snack & Transportation	Appreciation, Awareness & Observances Happiness Happens Month Be Kind to Humankind Week (08/25-08/30) 	Birthdays 08/20—Nathan 08/06—Tess ALP Anniversaries 08/11—Johnny 