







Maiden Center October 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Adult Life Programs Maiden 3390 Shepherd Rd. Maiden, NC 28650 828-428-9010	10 am: Morning Meeting 1 10:30am: Inside Walking Path <u>Scheduled Activities</u> - Musical Memory Game - Mason Jar Lanterns - Playing Cards (Group or Solitaire) 2pm: Independent Living Skills	10 am: Morning Meeting 2 10:30am: Outside Meditation <u>Scheduled Activities</u> - Coffee with A Cop Volunteer - California Redwoods National Park Virtual Visit - Postcards 2pm: Independent Living Skills	10 am: Morning Meeting 3 10:30am: Chair Exercises <u>Scheduled Activities</u> - Pom Pom Pumpkins  - Bingo - It's the Great Pumpkin Charlie Brown 2pm: Independent Living Skills	10 am: Morning Meeting 4 10:30am: Outside Walking Path 11 am: Behavioral Health Group <u>Scheduled Activities</u> - Robert Goddard History - Bottle Rockets - Indoor Golf 2pm: Independent Living Skills
10 am: Morning Meeting 7 10:30am: Inside Walking Path 11 am: Behavioral Health Group <u>Scheduled Activities</u> - Cotton Ball Ghosts - Halloween Memory Game - Casper 2pm: Independent Living Skills	10 am: Morning Meeting 8 10:30am: Outside Meditation <u>Scheduled Activities</u> - Anxiety Reduction & Stress Management - Bingo  - Adult Outing: Mae's Coffee Shop 2pm: Independent Living Skills	10 am: Morning Meeting 9 10:30am: Chair Exercises <u>Scheduled Activities</u> - Volunteer: Pastor Easter - Leif Erikson History - Rice Island Maps 2pm: Independent Living Skills	10 am: Morning Meeting 10 10:30am: Outside Walking Path <u>Scheduled Activities</u> - Halloween Dancing - Yarn Pumpkin - Participant Council Meeting 2pm: Independent Living Skills	10 am: Morning Meeting 11 10:30am: ROM Exercises 11 am: Behavioral Health Group <u>Scheduled Activities</u> - General Pulaski History - Let's Make A Deal - Family Feud 2pm: Independent Living Skills
10 am: Morning Meeting 14 10:30am: Outside Meditation 11 am: Behavioral Health Group <u>Scheduled Activities</u> - Columbus Day - Nightmare Before Christmas - Poseable Scarecrow craft  2pm: Independent Living Skills	10 am: Morning Meeting 15 10:30am: Chair Exercises <u>Scheduled Activities</u> - Volunteer: Faith the Comfort Dog - I Love Lucy - Paper Plate Jack-o-Lanterns 2pm: Independent Living Skills	10 am: Morning Meeting 16 10:30am: Outside Walking Path <u>Scheduled Activities</u> - Fossils - Basketball - Bocce Ball 2pm: Independent Living Skills	10 am: Morning Meeting 17 10:30am: ROM Exercises <u>Scheduled Activities</u> - Maya Angelo - Adults: Torn Self Portraits - Senior Outing: SALT BLOCK Art Museum 2pm: Independent Living Skills	10 am: Morning Meeting 18 10:30am: Inside Walking Path 11 am: Behavioral Health Group <u>Scheduled Activities</u> - Tissue Paper Bats - Bingo - Cooking with Rachel: Chocolate Banana Bats 2pm: Independent Living Skills
10 am: Morning Meeting 21 10:30am: Chair Exercises 11 am: Behavioral Health Group <u>Scheduled Activities</u> - Apple Stamps - Witch Hazel Health Talk - Reptile Memory Game - Dizzy Gillespie 2pm: Independent Living Skills	10 am: Morning Meeting 22 10:30am: Outside Walking Path <u>Scheduled Activities</u> - Coloring - Jewelry Making - Madea's Boo - Fall Suncatchers 2pm: Independent Living Skills	10 am: Morning Meeting 23 10:30am: ROM Exercises <u>Scheduled Activities</u> - Volunteer: Pastor Easter - Fall Drive - Bingo 2pm: Independent Living Skills	10 am: Morning Meeting 24 10:30am: Inside Walking Path <u>Scheduled Activities</u> - Paint Chip Pumpkins  - ALL Outing: PUMPKIN PATCH 2pm: Independent Living Skills	10 am: Morning Meeting 25 10:30am: Outside Meditation 11 am: Behavioral Health Group <u>Scheduled Activities</u> - Frankenstein - Musical Statues - Costume Designing - North Carolina virtual travel day 2pm: Independent Living Skills
10 am: Morning Meeting 28 10:30am: Outside Walking Path 11 am: Behavioral Health Group <u>Scheduled Activities</u> - Navy Day  - Black Cat Peek-A-Boo - Bingo 2pm: Independent Living Skills	10 am: Morning Meeting 29 10:30am: ROM Exercises <u>Scheduled Activities</u> - Statute of Liberty History - Cooking with Polly: Spice Cake - Door Decorating 2pm: Independent Living Skills	10 am: Morning Meeting 30 10:30am: Inside Walking Path <u>Scheduled Activities</u> - Wicked  - Painted Pumpkins - The Witches Games (Witch Hunt, Ring the Witch, & Musical Broomsticks) 2pm: Independent Living Skills	10 am: Morning Meeting 31 10:30am: Outside Meditation <u>Scheduled Activities</u> - Conover Center Visiting - Halloween Party (Door Treats, dancing, bingo and other games) 2pm: Independent Living Skills	