

ADULT LIFE PROGRAMS

Our vision is to be the leading provider of adult day services in NC

Our Mission: To enhance the vitality of participants' lives and support their caregivers by providing quality adult day services designed to keep them connected to and involved in the community.

May 2022

Suzanne Devine, Day Services Manager

3390 Shepherd Road

Maiden, NC 28650

Phone: 828-428-9010

Fax: 828-428-9991

sdevine@adulthoodprograms.com

www.adulthoodprograms.com



MON	TUES	WED	THURS	FRI
<p>2 What is May Day, and why do we recognize it? Mother Goose Day, let's play a game!</p>	<p>3 Let's Walk the Rail Trail! Devotion and Discussion</p>	<p>4 May the 4th be with you! It's Star Wars Day! Let's play Trivia! Let's Plant flowers for Mother's Day!</p>	<p>5 Meals on Wheels It's Cinco de Mayo! Let's have a taco party!</p>	<p>6 It's National Space Day! Let's make marshmallow constellations! Chair exercises</p>
<p>9 Let's go to the History Museum! Devotion and Discussion</p>	<p>10 It's National Clean up your room day! Let's clean up our center! Devotion and Discussion</p>	<p>11 Devotion and Discussion FREEZE! Dances Let's get moving !</p>	<p>12 Devotion and Discussion Let's play BINGO!</p>	<p>13 It's Friday the 13th! Are you superstitious? Let's look up and talk about superstitions.</p>
<p>16 Today is tme your mountain day let's read "The Places You'll Go" Let's play musical chairs!</p>	<p>17 Let's Visit the Hickory Air Museum! Devotion and Discussion</p>	<p>18 Brain Games: Anagrams Let's take a walk!</p>	<p>19 Devotion and Discussion Let's play Cornhole!</p>	<p>20 Let's take a Trip to Burton Farms! Devotion and discussion</p>
<p>23 What is Armed Forces Day? Movie: Hacksaw Ridge</p>	<p>24 Devotion and Discussion Let's play Password!</p>	<p>25 Why do we celebrate Memorial Day? Participant Council Meeting</p>	<p>26 It's Sally Ride Day, who was she? Devotion and Discussion</p>	<p>27 Let's celebrate Jazz day! Music and Movement!</p>
<p>30 CLOSED FOR MEMORIAL DAY</p>	<p>31 Devotion and Discussion Let's Celebrate our May Birthdays</p>	<p>Happy Birthday: Kay - May 3rd, Victoria - May 24th, Linda - May 31</p>		