



Adult Life Programs August 10, 2026 – August 14, 2026, Breakfast & Snack Menu

	Monday Aug 10	Tuesday Aug 11	Wednesday Aug 12	Thursday Aug 13	Friday Aug 14
Breakfast:	Cheerios (1 Cup) Toast (1 slice) Strawberries	Turkey Bacon Blueberry or Oat Muffin Grapes	Banana Pancakes Blueberries	Sausage Links Grits Orange Juice	Scrambled Eggs WW Toast (1 slice) Mixed Fruit
Snack:	Peanut Butter (2 Tbsp) Celery Raisins	Mixed Nuts Cheese Cubes Grapes	Cheese Fries Orange Juice	Wheat Thins Carrots Ranch Dressing	Soft Pretzel Cheese & Mustard Apple Juice

**** Unflavored 1% Milk and Water are offered Daily with Breakfast, Lunch, and Snack ****

This institution is an Equal Opportunity Provider