














Maiden Center December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 10:00 Morning Meeting & Motivation 11:00 MM: Self Check-In 12:15 Roll the Dice, Let's Get Moving 1:00 Meditation	2 10:00 Morning Meeting & Motivation 11:00 ABE: Preventative Care 12:15 C: Paper Plate Santa 1:00 Hot Potato 	3 10:00 Morning Meeting & Motivation 10:30 Participant Council Meeting 11:00 HW: Eye Care 12:15 BINGO 1:00 Participant Choice	4 National Cookie Day 10:00 Morning Meeting & Motivation 11:00 Cookie Trivia  12:15 CC: Cookie Decorating 1:00 Cornhole Tournament	5 10:00 Morning Meeting & Motivation 11:00 ABE: ASL (American Sign Language) 12:15 Dollar Tree Outing 1:00 Would You Rather/Trivia
8 10:00 Morning Meeting & Motivation 11:00 MM: Mental Health Goals 12:15 Music & Movement 1:00 Meditation 	9 10:00 Morning Meeting & Motivation 11:00 ABE: Intellectual Wellness 12:15 Horseshoe Tournament 1:00 Drawing Exercise	10 10:00 Morning Meeting & Motivation 11:00 HW: Dental Health 12:15 BINGO  1:00 Mirror Movement	11 10:00 Morning Meeting & Motivation 10:30 Bowling at Pin Station 11:00 Participant Choice 1:00 Chair Yoga	12 10:00 Morning Meeting & Motivation 11:00 ABE: ASL (American Sign Language)  12:15 Balloon Volleyball 1:00 Chair Stretches
15 10:00 Morning Meeting & Motivation 11:00 MM: Mental Health Prompts 12:15 Toss & Catch 1:00 Meditation	16 PAJAMA DAY 10:00 Morning Meeting & Motivation  11:00 Christmas Trivia 12:15 Hot Chocolate & A Christmas Story 1:00 Debate Class 	17 10:00 Morning Meeting & Motivation 11:00 HW: Skin Care 12:15 Faith the Comfort Dog 12:30 Christmas Movie & Popcorn	18 10:00 Morning Meeting & Motivation 11:00 Participant Gift Exchange 11:30 Christmas Feast 12:15 A Merry Little Party 	19 10:00 Morning Meeting & Motivation 11:00 ABE: ASL (American Sign Language) 12:15 Ring Toss Tournament 1:00 Trivia
22 10:00 Morning Meeting & Motivation 11:00 MM: Eating Disorders & Body Image 12:15 Cornhole Tournament 1:00 Meditation	23 10:00 Morning Meeting & Motivation 11:00 ABE: Safety Awareness 12:15 Parachute Popcorn 1:00 Mediation	24 CLOSED 	25 Christmas Day CLOSED 	26 CLOSED 
29 10:00 Morning Meeting & Motivation 11:00 MM: Social & Environmental Factors 12:15 The Price is Right  1:00 Meditation	30 10:00 Morning Meeting & Motivation 11:00 ABE: Math & Money 12:15 C: New Year's Eve Craft 1:00 Chair Exercises	31 New Year's Eve 10:00 Morning Meeting & Motivation 11:00 HW: Kidney Health 12:15 BINGO  1:00 Desert Island Game	Daily Schedule 8:00 am: Coffee & Conversation 11:30 am: Lunch 1:30 pm: Snack 2:00 pm: Afternoon Clean Up All Activities Subject to Change	Key ABE: Adult Basic Education MM: Mental Health Monday HW: Health & Wellness CC: Cooking Class V: Video C: Craft