



Adult Life Programs January 19, 2026 – Jan 23, 2026, Breakfast & Snack Menu

		Monday Jan 19	Tuesday Jan 20	Wednesday Jan 21	Thursday Jan 22	Friday Jan 23
Breakfast:	<u>CLOSED</u>		Turkey Bacon Grapes Blueberry Muffin	Scrambled Eggs Salsa WW English Muffin	Sausage links Grits Orange Juice	Scrambled Eggs Mixed Fruit WW Toast
Snack:	<u>CLOSED</u>		String Cheese Grapes	Mixed Fruit Cheese Fries	Carrots Wheat Thins Ranch Dressing	Popcorn Apple Juice

** Unflavored 1% Milk and Water are offered Daily with Breakfast, Lunch, and Snack **

This institution is an Equal Opportunity Provider