








Monday	Tuesday	Wednesday	Thursday	Friday
	<b>April Fools Day</b>  <p>10—Morning Meeting 1030—Group: Check-in (C) / Bible Study (D) 11—Cooking Class: Salad, Pasta &amp; Meatballs / Center Clean-up &amp; Decorating / Gardner's Group (Ground &amp; Plant Preparation) 1230—Independent Living 1—Group: Goal Group (C) 2—Participant Counsel Meeting</p>	<p>2</p> <p>10—Morning Meeting 1030—Group: Check-in (C) / Meal Planning, Budgeting &amp; Money Management 11—Community Outings: Library / Dollar Tree 1230—Independent Living 1—Group: Self-Empowerment / Pet Therapy with Faith 2—Word of the Day (C)</p>	<p>3</p> <p>10—Morning Meeting 1030—Group: Check-in (C) 11—Seniors on the Move / Gardner's Group (Ground &amp; Plant Preparation) 1230—Independent Living 1—Community Volunteering: Ashure 2—Group: Coping Skills (C)</p> 	<p>4</p> <p>10—Morning Meeting 1030—Group: Check-in (C) / Meal Planning, Budgeting &amp; Money Management 11—BINGO / Community Outing: Rec Center (Free Basketball) 1230—Independent Living 1—Peer Group (S) 2—Word of the Day (C)</p>
<p>7</p> <p>10—Morning Meeting 1030—Group: Check-in (C) / Meal Planning, Budgeting &amp; Money Management 11—Community Outing: Walmart 1230—Independent Living 1—Group: Mental Health Monday (K) 2—Word of the Day (C)</p>	<p>8</p> <p>10—Morning Meeting 1030—Group: Check-in (C) / Bible Study (D) 11—Community Outing: Food Bank &amp; Bread Store / Group: Goal Group (C) 1230—Independent Living 1—Community Volunteering: Ashure 2—Brain Games</p>	<p>9</p> <p>10—Morning Meeting 1030—Group: Check-in (C) / Meal Planning, Budgeting &amp; Money Management 11—Community Outings: Library / Burtons &amp; Banana Box 1230—Independent Living 1—Group: Self-Empowerment (C) 2—Word of the Day (C)</p>	<p>10</p> <p>10—Morning Meeting 1030—Community Outing: Carolina Theater (\$5.50) 1230—Independent Living 1—Community Volunteering: Ashure 2—Group: Coping Skills (C)</p>	<p>11</p> <p>10—Morning Meeting 1030—Group: Check-in (C) 11—Cooking Class: Turkey Sandwich &amp; Chicken Noodle Soup / Community Outing: Rec Center (Free Basketball) 1230—Independent Living 1—Peer Group (S) 2—Word of the Day (C)</p>
<p>14</p> <p>10—Morning Meeting 1030—Group: Check-in (C) / Meal Planning, Budgeting &amp; Money Management / Meal Prep Easter Dinner 11—Community Outing: Walmart 1230—Independent Living 1—Group: Mental Health Monday (K) 2—Word of the Day (C)</p>	<p>15</p> <p>10—Morning Meeting 1030—Group: Check-in (C) / Bible Study (D) 11—Cooking Class: Easter Dinner / Guest Visitor: Libbie 1—Group: Goal Group (C) 2—Guest Visitor: Melanie Car Safety</p> 	<p>16</p> <p>10—Morning Meeting 1030—Group: Check-in (C) 11—Community Volunteering: Meals on Wheels / Community Outing: Library 1230—Independent Living 1—Group: Self-Empowerment / Pet Therapy with Faith 2—Word of the Day (C)</p>	<p>17</p> <p><b>Special Olympics</b> 10—Morning Meeting 1030—Movie Day @ the Center 1230—Independent Living 1—Group: Coping Skills (K) 2—Brain Games (P)</p> 	<p>18</p> <p><b>CLOSED</b>  <b>GOOD FRIDAY</b></p>
<p><b>Easter Monday</b></p> <p>10—Morning Meeting 1030—Group: Check-in (C) / Meal Planning, Budgeting &amp; Money Management 11—Community Outing: Walmart 1230—Independent Living 1—Group: Mental Health Monday (K) 2—Easter Celebration</p> 	<p><b>Earth Day</b></p> <p>10—Morning Meeting 1030—Group: Check-in (C) / Bible Study (D) 11—Cooking Class: Picnic Prep &amp; Cookout / Community Outing: Picnic at the Park 1230—Independent Living 1—Group: Goal Group (C) 2—Brain Games</p>	<p>23</p> <p>10—Morning Meeting 1030—Group: Check-in (C) / Meal Planning, Budgeting &amp; Money Management 11—Community Outings: Library / Ross 1230—Independent Living 1—Group: Self-Empowerment 2—Word of the Day (C)</p>	<p>24</p> <p>10—Morning Meeting 1030—Group: Check-in (C) 11—Community Outing: Bowling @ Pin Station (\$) 1230—Independent Living 1—Community Volunteering: Ashure 2—Group: Coping Skills (K)</p>	<p>25</p> <p>10—Morning Meeting 1030—Group: Check-in (C) 11—BINGO / Community Outing: Rec Center (Free Basketball) 1230—Independent Living 1—Peer Group (S) 2—Word of the Day (C)</p>
<p>28</p> <p>10—Morning Meeting 1030—Group: Check-in (C) / Meal Planning, Budgeting &amp; Money Management 11—Community Outing: Walmart 1230—Independent Living 1—Group: Mental Health Monday (K) 2—Word of the Day (C)</p>	<p>29</p> <p>10—Morning Meeting 1030—Group: Check-in (C) / Bible Study (D) 11—Cooking Class: Chicken Quesadillas / Guest Visitor: David Adams / Group: Goal Group (C) 1230—Independent Living 1—Community Volunteering: Ashure 2—Brain Games</p>	<p>30</p> <p>10—Morning Meeting 1030—Group: Check-in (C) / Meal Planning, Budgeting &amp; Money Management 11—Community Outings: Library / Thrift Store 1230—Independent Living 1—Group: Self-Empowerment 2—Word of the Day (C)</p>	<p><b>Birthdays:</b> 4/18—Joyce 4/23—Cynthia "Cindie"</p> 	<p><b>Adult Life Programs</b> <b>Conover</b> 211 2nd Ave. Pl. NE Conover, NC 28613 828-464-0078</p>

**\*\* Activities are subject to change \*\***