



2025 Annual Report



The Year in Numbers

- ◆ **145** persons served
- ◆ **16,730** days of service
- ◆ **36,074** meals served
- ◆ **79** Intakes
- ◆ **16** Trial Visits
- ◆ **35** New Enrollments

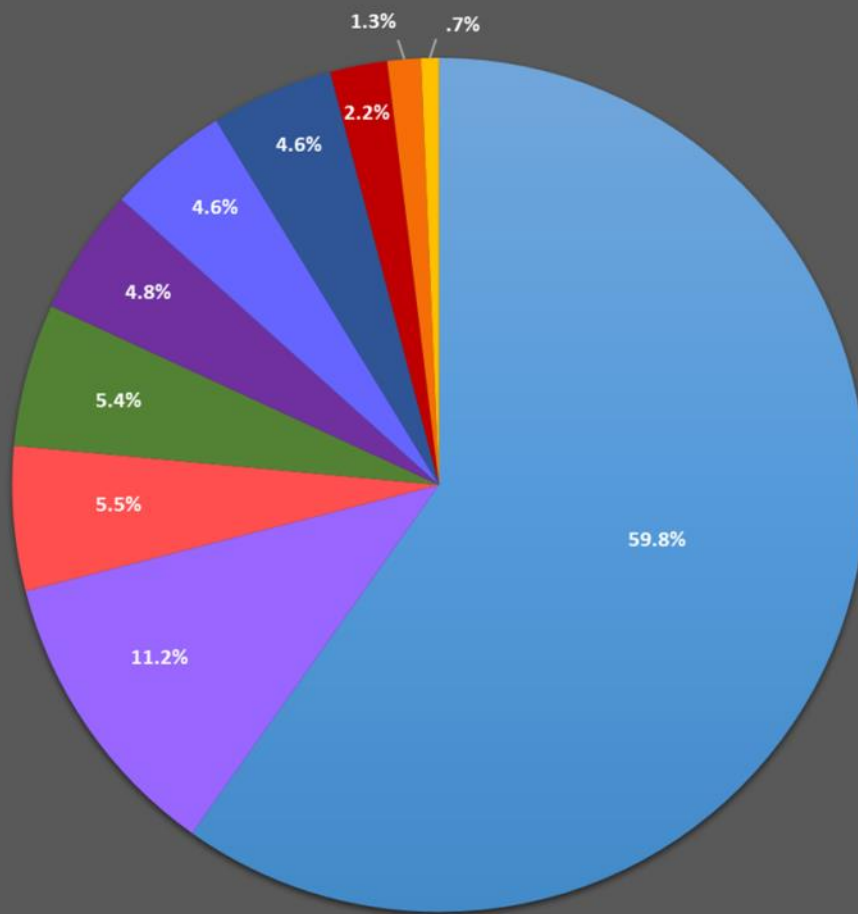
Adult Life Programs provided services to people living in Alexander, Burke, Caldwell, Catawba, and Lincoln Counties.

Adult Life Programs provided internship opportunities to students of Lenoir-Rhyne University in Occupational Therapy and was acknowledged for Excellence in Student-Nonprofit Collaboration with the Government & Justice Studies Department at Appalachian State University.

Adult Life Programs is supported by a 13-member Board of Directors, all of whom volunteer their time and service, representing such industries as: Occupational Therapy, Nursing, Public Health, Social Work, Banking, Business, Information Technology, Human Resources, and Aging Services.

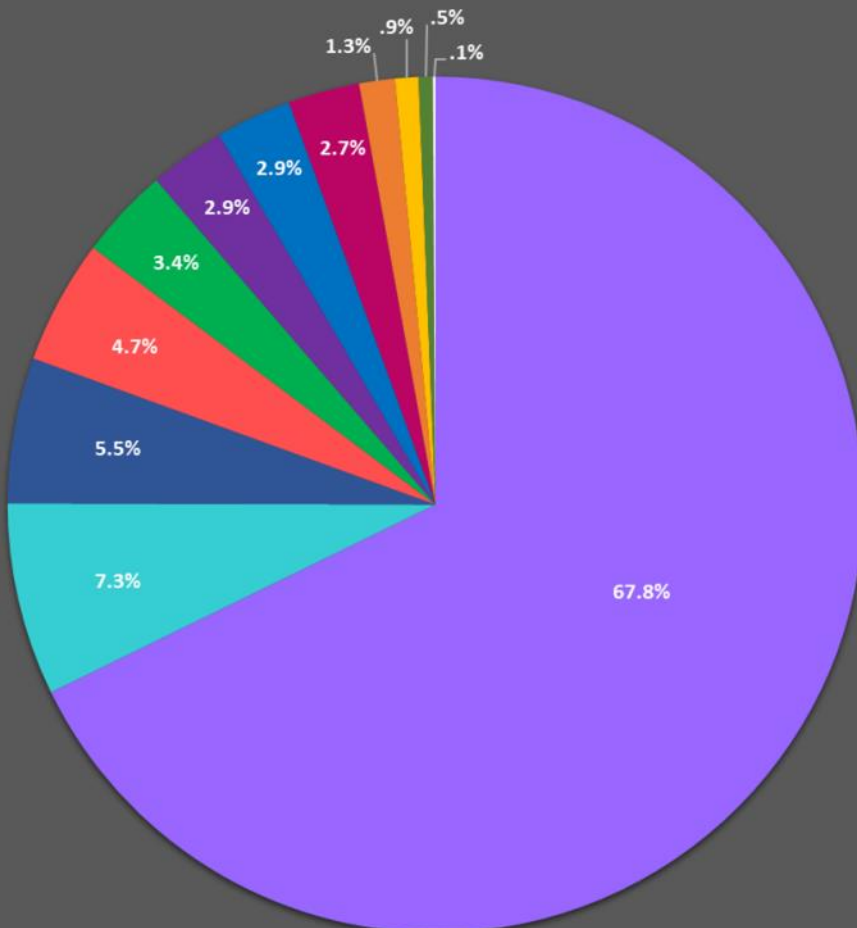
- ⇒ **85%** of elderly and disabled adults maintained their independence and avoided or delayed long-term care or institutionalization
- ⇒ **98%** of elderly and disabled adults reported an increased quality of life
- ⇒ **100%** of caregivers reported less stress and better health for themselves
- ⇒ **100%** of caregivers did not have to terminate employment
- ⇒ **95%** overall participant satisfaction
- ⇒ **95%** overall caregiver satisfaction

FYE June 2025 Annual Revenue \$1,812,848



- Medicaid \$1,084,387
- Social Services Block Grant \$202,683
- Home & Community Care Block Grant \$99,162
- Veteran's Administration \$97,941
- Contributions/Grants \$86,706
- USDA Food Reimbursements \$83,537
- Partners State Fund Contract \$83,973
- United Way \$39,300
- Private Pay \$22,959
- Other Income \$12,200

FYE June 2025 Annual Expenses \$1,776,491



- Personnel \$1,203,975
- Building Expense \$129,283
- Food Service \$97,654
- Vehicles/Travel \$83,424
- Equipment / Technology \$61,209
- Utilities/Telephone \$51,098
- Insurance \$50,978
- Depreciation \$48,081
- Program Expense \$23,936
- Professional Dues/Fees \$15,656
- Office Supplies/Marketing \$9,511
- Uncollectible Accounts \$1,688

2025 DONORS

Gifts are reported from

January 1, 2025—December 31, 2025

Thank You to the many individuals, businesses, churches, and organizations for their generous charitable gifts, grants, and contributions! Your financial support is crucial to our ability to provide services to our community.

~ Catawba County United Way ~ The Bolick Foundation ~

~ St. Aloysius Catholic Church ~

~ North Carolina Community Foundation ~

~ Jo Anne Flick ~ Scott Weber ~

~ First Presbyterian Church of Hickory ~

~ Trinity Reformed United Church of Christ~

~ Patricia Anton & Family ~ Will Arant ~ David Willingham ~

~National Philanthropic Trust ~

- Amy Satalino - Pooter Pop: The Linebarger Family -

- Amy Scaer - Elizabeth Lynn -

- Fredrick & Donna Whitt - Jeffrey Bronnenberg -

- First Methodist Church of Conover -

- Joanie Taliaferro - Malinda Falls - Ilene Drum -

- Karin McDaniel - Ann & Douglas Miller -



Our Mission:

To enhance the vitality of participants' lives and support their caregivers by providing quality adult day services designed to keep them connected to and involved in the community.

Key Personnel

Karin McDaniel MS, QP
Executive Director

Crystal Brackett BS
Finance Director

Lauren Kerns BS
*Administrative and
Operations Support
Specialist*

Michele Hamby BSN, RN
Health Care Coordinator

Cassandra Hall MHR, QP
*Day Services Manager
Hickory*

Cindy Saine
*Center Resource
Manager Hickory*

Tess Gardner BS, QP
*Behavioral Health
Program Manager
Conover*

Peggy Smith
*Center Resource
Manager Conover*

Hickory Center continues to have growth in census. Interest, intakes, and enrollments keep everyone busy. Staffing has been restructured to provide a more consistent approach to providing quality services.



Conover Center continues to provide Psychosocial Rehabilitation and facilitate life skill development. Participants have enjoyed an increase in community volunteer opportunities and introductions to valuable community resources.



Maiden Center over the past year has remained small, but mighty. After facing staffing shortages and subsequently census restraint; the Board of Directors have ultimately decided to cease operations. ALP as an agency is ensuring quality transition plans for all active participants and staff of the Maiden Center.



FYE 2025-2026 Board of Directors

Sue Friguglietti
Board Chair

Nicholas Walden
*Vice Chair/
Treasurer*

Lynn Matthews
Secretary

Tony Cothren
*(Past Board Chair)
Emeritus*

Deb Hill
*(Past Vice Chair/
Secretary)*

Will Arant

Donna Whitt

Denise Albano

Melissa Kirkpatrick

Ex-Officio

Kendra Hendren

Chandra Henson

Alice Layne

Tina Miller

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Website: www.adulthoodlife.com

Facebook: [@AdultLife1983](https://www.facebook.com/AdultLife1983)

Adult Life Programs is a non-profit 501C3 organization. We are a funded partner agency of the Catawba County United Way. Adult Life Programs is licensed by the North Carolina Division of Health Service Regulation and the North Carolina Division of Aging and Adult Services and monitored by the local Department of Social Services. We are an equal opportunity provider and employer and do not discriminate on the basis of race, color, national origin, sex, age, disability, sexual orientation, or gender identity.