

Nutrition Program Menu

December 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cube Steak w/Gravy Broccoli & Cheese Mashed Potatoes Fruit Cocktail Dinner Roll Assorted Cookie Milk	2 Baked Chicken Patty Broccoli & Cauliflower Medley Blackeye Peas Apple Juice Wheat Roll Assorted Cookie Milk
5 Pancakes w/Syrup Scrambled Eggs Sausage Links Tater Tots Fresh Orange Milk	6 Chicken & Dumplings Buttered Carrots Dinner Roll Orange Juice Apple Cobbler Milk	7 Baked Ham w/Pineapple Juice Broccoli Rice Casserole Sweet Potatoes Dinner Roll Pineapple Slices Milk	8 Barbecue Boneless Pork Rib Squash & Onions Green Peas Apple Juice Wheat Roll Assorted Cookie Milk	9 Hot Dog w/Chili Corn Barbecue Slaw Bun Pears Pudding Milk
12 Baked Chicken w/Gravy Green Beans Corn Dinner Roll Cranberry Juice Chocolate Peanut Butter Bar Milk	13 Cheeseburger w/Chili Baked Beans Lettuce & Tomato Bun Peaches Milk	14 Chicken Pie Collard Greens Baked Apples Dinner Roll Assorted Cookie Milk	15 Baked Ham Broccoli w/Cheese Sauce Mashed Potatoes Orange Juice Cornbread Pudding Milk	16 Chili Con Carne Rice Coleslaw Cornbread Fruit Cocktail Milk
19 Barbecue Chicken Green Peas Glazed Carrots Fresh Apple Slices Dinner Roll Pudding Milk	20 Hamburger Steak w/Gravy Mashed Potatoes Broccoli Casserole Applesauce Dinner Roll Orange Juice Milk	21 Smoked Sausage w/Cabbage Crowder Peas Dinner Roll Peaches Milk	22 Breaded Chicken Filet Baked Beans Lettuce & Tomato Slices Bun Fruited Gelatin Milk	23 CLOSED  CHRISTMAS
26 CLOSED  CHRISTMAS	27 CLOSED  CHRISTMAS	28 ½ Pimento Cheese Sandwich on Wheat Bread Vegetable Beef Soup w/crackers Orange Pudding Milk	29 Spaghetti w/Meat Sauce Green Beans Tossed Salad w/Ranch Dressing Garlic Bread Pears Milk	30 Pinto Beans Turnip Greens Macaroni & Cheese Cornbread Orange Juice Milk

Menu substitutes may occasionally have to be made of equal nutritional value.

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