



Adult Life Programs June 20- June 24, 2022, Breakfast & Snack

Monday June 20      Tuesday June 21      Wednesday June 22      Thursday June 23      Friday June 24

Breakfast:	Scrambled Eggs English Muffin Pears Unflavored 1% Milk	Waffles Banana Unflavored 1% Milk	Toast / Oatmeal Strawberries Jelly Unflavored 1% Milk	Sausage/ Gravy Rice Peaches Unflavored 1% Milk	Yogurt Granola Blueberries Unflavored 1% Milk
Snack:	Grapes Pretzels	Flour Tortilla Cheese	Tortilla Chips/Salsa	Vanilla Yogurt Apple Slices	Cucumbers & Grape Tomatoes Wheat Thins

\*\* Unflavored 1% Milk and Water are offered Daily with Breakfast, Lunch, and Snack \*\*  
This institution is an Equal Opportunity Provider

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