November

Monday	Tuesday	Wednesday	Thursday	Friday
Native American Month 2 **Special Guests: Morning Star Music & Devotion** Native American Heritage Crafting Hand Turkeys *This week please bring in your Operation Christmas Child supplies and donations!*	**National Jellyfish Day** 3 **Special Guest: Ashelin leading Tai Chi 10:30-11:15** Trivia Tuesday on Jellyfish Everyday Kitchen Safety Color by Number: Jellyfish 2:30-3:30 Social Hour	**National Vinegar Day** 4 **Group 3 Out to Geitner Park** Wellness Wednesday Zumba Singing & Dancing w/Macon Vinegar Art 2:30-3:30 Social Hour 3:30-5:30 Participant Choice	**National Monopoly Day** 5 Play Giant Monopoly & Trivia Christmas Play Rehearsal Cooking: Meatballs 3:30-5:00 **Caregiver's Appreciation**	**National Basketball Day** 6 **Group 1: 5 Below Shopping** Independent Skills Paper Basketball Basketball History Happy Birthday Anette!
World Freedom Day 9 Money Monday Bingo **Participant's Council Meeting** What is World Freedom Day? 2:30-3:30 Social Hour *This week we'll sort Operation Christmas Child donations.*	**National Sesame St. Day** 10 **Special Guest: Ashelin leading Tai Chi 10:30-11:15** Trivia Tuesday: Sesame St. Emotional Skills w/Katelyn TV Show Number Game Happy Birthday Nikki!	**Veterans Day** 11 **Special Guest: Faith, the comfort Dog** Gals Small Group: Knitting Guys: Video Game History Karaoke Time Veterans Cards Honoring All Who Served	**World Science Week** 12 Scientific Discoveries Christmas Play Rehearsal Cooking Caramel Apples Cinnamon Rolls 2:30-3:30 Social Hour 3:30-5:30 Participant Choice	**Guiness World Record Day** 13 **Group 2: 5 Below Shopping** **All Fridays 12:15 Newspaper** Independent Skills World Record Games and Triva Painting with Bob Ross
National Button Day 16 Button Craft Time What's on the other side? Game Math Monday Worksheets Happy Birthday Heather! *This week we'll pack Operation Christmas Child shoeboxes!*	**National ODD Sock Day** 17 **Special Guest: Ashelin leading Tai Chi 10:30-11:15** Thanksgiving Trivia & History Health Talk w/Nurse Michele Craft Time: Sock Puppets 2:30-3:30 Social Hour	**Mickey Mouse's 97th Birthday!** 18 **Group 1 Out to Geitner Park** Wellness Wednesday: Yoga Thanksgiving JINGO Let's Draw Mickey & friends	**National Camping Day** 19 Let's Go Camping! Christmas Play Rehearsal Cook Creamy Tomato Soup 2:30-3:30 Social Hour	**National Puzzle Day** 20 **Special Guests: Music with the Bad Boys of Conover** **Group 3: 5 Below Shopping** Let's Do Puzzles! Painting Birdhouses Sylvetta's Birthday
National Book Week 23 *Outing with Silver Stars to Deliver OCC Shoeboxes* Money Monday Worksheets Thanksgiving Taste Test Make Thanksgiving Cards Happy Birthday Kenny!	**Unique Talent Day** 24 **Special Guest: Ashelin leading Tai Chi 10:30-11:15** Talent Show Tuesday! Emotional Skills w/Katelyn **Special Guest: Librarian Jennifer does timeless trivia**	**Juke Box Day** 25 **Special Guest: Faith, the comfort Dog** **Group 2 Out to Geitner Park** Special Olympics Practice Music Through the Ages Color for December Board	ALP is **CLOSED** 26 Enjoy your holidays! Happy Thanksgiving	27 ALP is **CLOSED** Enjoy your holidays!
Crazy Hat Day 30 **~ Wear yours! ~** Famous Native Americans Christmas Play Rehearsal Help with Decorations as we move out November and Bring in December				

HAPPY BIRTHDAY

Nikki: 11/10 ~ Heather: 11/15 ~ Kenny: 11/23

HAPPY ANNIVERSARY

Sherry: 11/01 (7 years)
Vanessa: 11/03 (2 years)
Alyson: 11/05 (1 year) ~ Nicole: 11/09 (11 years)
Stephanie: 11/16 (3 years) ~ Heather: 11/29 (3 years)

*** SUPER STARS *** 2026

Adult Life Programs: (828) 324-1313
Hours: 6:30am-5:30pm
All Activities Subject to Change
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