

ADULT LIFE PROGRAMS

Our vision is to be the leading provider of adult day services in NC






















Our Mission: To enhance the vitality of participants' lives and support their caregivers by providing quality adult day services designed to keep them connected to and involved in the community.

July 2024

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| MON | TUES | WED | THURS | FRI |
|---|--|--|---|--|
| <p>Dean-7/1 Cassandra -7/3 Hayward-7/4 Tyler-7/9</p>  | <p>Casey -7/14 Madison-7/20 Donnie-7/25 Amanda -7/27</p>  | <p>Glenn- 7/15 (9yrs) Matthew-7/15(3yrs) Elizabeth-7/16(6yrs)</p>  | <p>Dean-7/26(3yrs) Trudy-7/26(3yrs)</p>  | |
| <p>1 10:30- 11:15  Inspirational Songs Birthday Activity w/ Dean</p> <p>1:15-1:45 Outdoor Living Month Gingersnap Taste Test</p> | <p>2 10:30-11:15 Morning Music Chair Exercise Lunch @  1:15-1:45 Diamond Art w/ Nikki</p> | <p>3 10:30-11:15  Positive Movement Music Birthday Activity w/ Hayward 1:15-1:45  Birthday Activity w/ Cassandra</p> | <p>4 Closed For 4th of July</p> | <p>5 10:30-11:15 Morning Music / Celebrate day w/ Gilbert Lunch @  12:30-1:45 Individual Activities Pet Therapy w/ Billy & Lakota </p> |
| <p>8 10:30-11:15 Morning Star/ Music & Devotion Wii Games 1:00-1:45 Participants Council</p>  | <p>9 10:30-11:15 Positive Movement Music Color Your World Month Lunch @  1:15-1:45  Birthday Activity w/ Tyler</p> | <p>10 10:30-11:15 Inspirational Songs Drums & Percussions Month 12:30-1:30 Visiting w/ Comfort Dog in Process 'FAITH' Painting w/ Kevin </p> | <p>11 10:30-11:15 Brain Aerobics w/ Nikki Lunch @  1:15-1:45 Number Game w/ Tracie </p> | <p>12 10:30-11:15 Positive Movement Music Birthday Activity w/ Casey  1:15-1:45 Movie/Cleanup Friday National Motorcycle Day /w Carlos</p> |
| <p>15 10:30-11:30 Select -a-song Healthy Movement Exercise w/ Nikki 1:15-1:45 Glenn 's & Matthew 's Anniversary Activity</p> | <p>16 10:30-11:15 Feel Good Music / Hula-Hoop Day 1:15-1:45 Elizabeth's Anniversary Activity River Dancing Day</p> | <p>17 10:30-11:15 Morning Music Chair Exercise Shopping Trip @ Big Lots / Dollar Tree 1:15-1:45 World Emoji Day  Painting w/ Kevin</p> | <p>18 10:30-11:15 Positive Movement Music Shopping Trip @ Big Lots / Dollar Tree 1:15-1:45 Birthday Activity w/ Madison </p> | <p>19 10:30-11:15 Inspirational Songs Activity w/ Purple & Pink Day 1:15-1:45 Pajama Party Day Movie/ Clean Friday Individual Activities</p> |
| <p>22 10:30-11:30 Moving to the Oldies Shopping Trip @ Big Lots / Dollar Tree 1:15-1:45 Patriotic Month Painting w/ Kevin</p> | <p>23 10:30 -11:30 Inspirational Songs Balancing /Stretching Exercise w/ Beverly 1:15-1:45 Jennifer From Hickory Public Library /Small Groups Small Groups</p> | <p>24 10:30-11:30 Select -a-song Healthy Movement 12:30-1:30 Visiting w/ Comfort Dog in Process 'FAITH' </p> | <p>25 10:00-11:30 VAYA Health Training Communication 101: The Basics 1:15-1:45 Group w/ The Shooting Stars</p> | <p>26 10:30-11:30 Positive Movement Music Dean's &Trudy's Anniversary Activity Summer Olympic Begins 12:00-1:45 Bad Boys Of Conover / Individual Activities</p> |
| <p>29 10:30-11:15 Inspirational Songs Balancing /Stretching Getting to Know You Day w/ Heather  1:15-1:45 Let's Play</p> | <p>30 10:30-11:15 Select -a-song Healthy Movement International Day of Friendship 1:15-1:45 Chess & Checkers Tournament / Board Games w/ Desmond</p> | <p>31 10:30-11:15 Inspirational Songs Shopping Trip @ Big Lots / Dollar Tree/ UNO Tournament 1:15-1:45 Show Your True Colors Day (Dress In your favorite color)</p> | | |

** Activities are subject to change **

This institution is an equal opportunity provider